



SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

PARISH BULLETIN



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OCTOBER 2024

Pastor: Fr. Arjay Abanto
Administrative Assistant: Ingrid Trewin
Columbarium Manager: Ingrid Trewin
Hospitality Desk: Leslie Trainor
Housekeeper: Janette Ramirez

MINISTRY LEADERS

Pastoral Council: Tom Cotter
Finance Council: Mike Walsh
Pastoral Health Care: Pat Balis
Lectors: Kevin McCormack
Weekday Liturgy: Addie Dedio
Hospitality: Looking for Volunteer
Extraordinary Ministers: Rita Shank
Altar Servers: Karissa Factura
RCIA: Margita Tapias, Landon Dolanz
and Heather Clark (Continuo)
Hampers Program: Carlos Sousa
Catholic Women's League: Anna
Marinelli and Janet MacPhee
Knights of Columbus: Timothy Dahm
Building Committee: Terry Allen
In-Residence: Rev. Mario Basque,
Rev. Wilbert Chin Jon

Mass Times

Saturday: 9:00 am, 5:00 pm
Sunday: 7:30 am, 9:00 am,
11:00 am, 5:00 pm
Mon to Fri: 12:05 pm

Reconciliation

Saturday: 4:00 pm
Tuesdays, Thursdays and
Fridays at 11:15 AM
And by appointment

Adoration

Friday: 12:45 pm
Incense is used.

Parish Office

Mon to Fri: 9:00 a.m. - 3:00 p.m.
1307 14 St SW Calgary AB T3C 1C6
403-244-2741 ext. 101
secretaries@sacredheartcalgary.ca

“What Do You Want Me to Do for You?”

Fr. Rowel Jose (Arjay) Abanto

When a person is desperate and hopeless, he/she will do everything to get attention and necessary help. Even if other people will be annoyed, he/she will not care especially when that person whom he/she is asking is the one who will help him/her. This is the attitude of Bartimaeus towards Jesus whom he considered the person who will restore his sight. His trust and faith is manifested in his name-calling of Jesus: “Son of David, have mercy on me!” Even when the crowd sternly ordered him to be quiet, he cried even more. Because of this he got what he wanted: the attention of Jesus and healing. But why did Jesus still ask Bartimaeus the question: “What do you want me to do for you?” Jesus wanted to draw out of him a personal response of faith and trust in His power to heal and make whole. Jesus commends Bartimaeus for recognizing who He is with the eyes of faith and grants him physical sight as well.

In this journey called life, we are all on the road travelling with different kinds of people. Sometimes we are strong and fit but some are weak and need help. Do we see these people around us? Are we willing to listen and help those people in need? Let us follow and imitate Jesus’ attitude towards Bartimaeus: a listening heart, ready to extend one’s hand and heal others with compassion and love. There’s a lot of people on the road of life that we need to help and we can only do that unless we too are filled with the love and compassion of Jesus.

The question of Jesus to Bartimaeus “What do you want me to do for you?” is the same question He is asking us always. So, let us ask Him the healing power from our own blindness most especially spiritual blindness so that we may see God’s goodness and share that to our brothers and sisters. May we say: ‘Lord, heal me and let me see again.’ And like Bartimaeus, let us follow the Lord on the way as we regain our sight.

Ad Maiorem Dei Gloriam! For the greater glory of God!

Pastoral Care At Sacred Heart And Beyond

Called to Serve

All Saints Day Pastoral Care Gathering

Friday, November 1st, 6:30 - 8:00 PM

Sometimes, the Holy Spirit calls us in unexpected ways. One of our parishioners, a husband and father, recounts a profound experience from the early 1970s. After a skiing accident, he was hospitalized at Foothills Medical Centre. There, he was visited by a compassionate nun who brought him Holy Communion. Her kindness inspired him, and he asked if he and his wife could assist her in serving the Eucharist to other patients.

“Return when you’re fully recovered,” she replied.

Months later, the couple returned to Foothills on a Sunday morning. To their surprise, the nun greeted them with disbelief. “Many people have promised to help,” she said, “but none have followed through.”

This parish member and his wife have since dedicated over four decades to serving the Pastoral Care ministry. We are grateful to be able to reciprocate their generosity by bringing them Holy Communion each week.



Are you feeling inspired to serve others?

On All Saints’ Day, November 1st, Father Arjay and our Pastoral Care Team will host a presentation titled “Called to Serve.” Learn about the various pastoral care services available to you and your loved ones, and discover how you can make a difference in the lives of those who need support. Whether they are home bound, in long-term care, or in hospital, your compassion can be a source of comfort and strength.

Let's fulfill the Corporal Works of Mercy together.

Guest Speakers:

- Fr. Arjay Abanto: Sacraments and the Home bound
- Fr. Mario Basque: Spiritual Graces and Pastoral Care Access

Reserve your Spot 



Before I formed you in the womb I knew you, before you were born I set you apart.

JEREMIAH 1:5



Memorial Liturgy

FOR THOSE MOURNING THE LOSS OF A CHILD THROUGH MISCARRIAGE OR STILBIRTH

with Most Rev. William T. McGrattan

WHEN

TUESDAY
NOV. 12, 2024
at 7 pm

WHERE

ST. MARY'S CATHEDRAL
219 18 Ave SW
Calgary, AB

When families lose a baby in the womb, the cries of birth go unheard; the grasp of tiny fingers slips away. This profound loss needs articulation. Join Bishop McGrattan in a prayer gathering to commend our children communally into the embrace of our merciful God and to support those who are grieving the loss of a child.

TO ATTEND

PLEASE REGISTER AT
MISCARRIAGELITURGY.CA



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DIOCESE
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