



# SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

PARISH BULLETIN



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@sacredheartcalgary

**AUGUST 2024**

**Pastor: Fr. Arjay Abanto**  
**Administrative Assistant: Beata Banka**  
**Columbarium Manager,**  
**Sacraments Coordinator: Ingrid Trewin**  
**Volunteer Coordinator: Ingrid Trewin**  
**Housekeeper: Janette Ramirez**

## MINISTRY LEADERS

Pastoral Council: Tom Cotter  
Finance Council: Mike Walsh  
Pastoral Health Care: Pat Balis  
Lectors: Kevin McCormack  
Weekday Liturgy: Addie Dedio  
Hospitality: Looking for Volunteer  
Extraordinary Ministers: Rita Shank  
Altar Servers: Karissa Factura  
RCIA: Margita Tapias, Landon Dolanz  
and Heather Clark (Continuo)  
Hampers Program: Carlos Sousa  
Catholic Women's League: Anna  
Marinelli and Janet MacPhee  
Knights of Columbus: Timothy Dahm  
Building Committee: Terry Allen  
In-Residence: Rev. Mario Basque,  
Rev. Wilbert Chin Jon

## *Mass Times*

**Saturday: 9:00 am, 5:00 pm**  
**Sunday: 7:30 am, 9:00 am,**  
**11:00 am, 5:00 pm**  
**Mon to Fri: 12:05 pm**

## *Reconciliation*

**Saturday: 4:00 pm**  
**Tuesdays, Thursdays and**  
**Fridays at 11:15 AM**  
**And by appointment**

## *Adoration*

**Friday: 12:45 pm**  
**Incense is used.**

## *Parish Office*

**Mon to Fri: 9:00 a.m. - 3:00 p.m.**  
**1307 14 St SW Calgary AB T3C 1C6**  
**403-244-2741 ext. 101**  
**secretaries@sacredheartcalgary.ca**

## **“To Much to Take?”**

Fr. Rowel Jose (Arjay) Abanto

We saw last week how shocking were the words of Jesus if they were heard literally:

*...unless you eat the flesh of the Son of Man and drink his blood,  
you have no life in you. (John 6:53)*

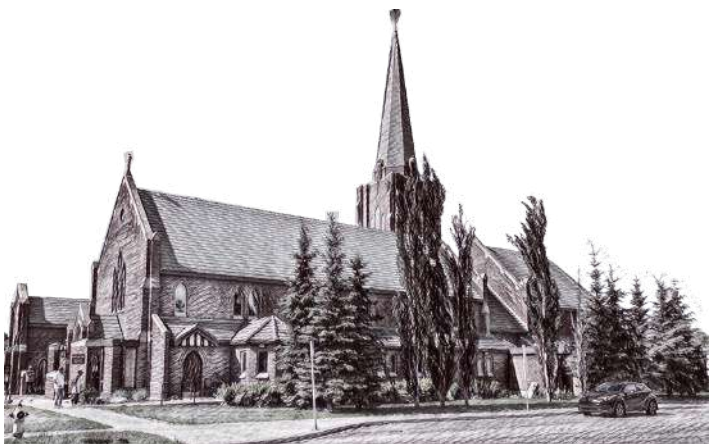
Now, not only the religious leaders, but Jesus' own disciples are deeply scandalised:

*This teaching is difficult; who can accept it?*

And taken literally, how could any civilised person accept such a statement? We, of course, know that the words are not to be taken in a literal sense. It is Jesus' dramatic way of saying that we must accept him totally, without any conditions or reservation. His thoughts and attitudes, his values, his life-view must become totally ours. Above all, we are to identify with him in the offering of his flesh and the pouring out of his blood on the cross, the symbol of God's unutterable love for us.

And, in the Eucharist, we recognise in our going to Communion the accepting of that challenge to be totally one with Jesus. It is not enough for him to come to me; I also have to go all the way to him, with him. When the minister says, offering the Bread: "The Body of Christ", I respond with a total "Amen!", meaning "Yes". That 'Yes' is not just an act of faith in the Real Presence, but a total commitment of myself to Jesus in the community of which I am a member. Are we willing to take His Body and Blood? Are we also doubtful and afraid to take His Words? Let us accept Him who offers all of us His life-giving Word and Spirit so that we may have knowledge and understanding of the Father.

**Ad Maiorem Dei Gloriam! For the Greater Glory of God!**



# Events at Sacred Heart

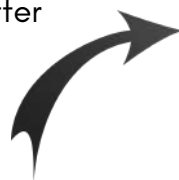
## Career Opportunity: Hospitality & Security Specialist

Sacred Heart Parish is seeking a friendly and helpful person to join our team. If you enjoy interacting with people and ensuring a safe environment, we invite you to apply.

**Responsibilities:** Greet visitors, provide information, manage logistics, ensure safety, respond to emergencies, and offer support.

**Qualifications:** High school diploma, experience in a similar role, strong computer skills.

Schedule: 35 hours/week, Thursday-Monday.



More Info



## Sacramental Registration is Now Open!

Families of children who are ready to receive the sacraments of First Eucharist and First Reconciliation are invited to register.

Please visit our Sacraments Page (button below) for more information and to obtain a registration form.

We look forward to accompanying your child on this important spiritual journey.

Visit: [sacredheartcalgary.ca/sacraments](http://sacredheartcalgary.ca/sacraments)



Register



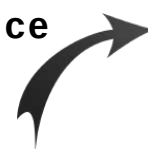
## KNIGHTS OF COLUMBUS

### A Legacy of Service

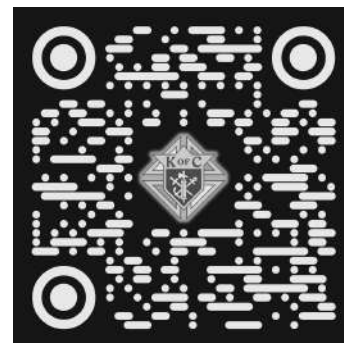
Dedicated to faith, family, and community, the Knights of Columbus is a fraternal organization committed to making a positive impact.

Through service, charity, and fellowship, we strive to strengthen our Catholic faith and support those in need.

Council 1186 has proudly served the Sacred Heart Parish since 1907.



Learn More



# A Deeper Reflection on the Promise of Eternal Life

The Gospel reading invites us to contemplate the profound mystery of eternal life, a concept that can be both alluring and elusive. When Jesus promises eternal life to those who believe in Him, He offers a glimpse into a realm beyond our comprehension, a state of existence that transcends the limitations of time and space.

## The Nature of Eternal Life

Eternal life is not merely an extension of our earthly existence. It is a qualitatively different state, characterized by the fullness of life in union with God. It is a life of love, joy, peace, and communion with the divine.

## The Role of Faith

Faith is the key to unlocking the promise of eternal life. It is not merely intellectual assent, but a deep-rooted trust in God's love and wisdom. When we believe in Jesus, we are placing our hope in Him as the source of eternal life.

## The Cost of Discipleship

The path to eternal life is not without its challenges. Jesus calls us to discipleship, which involves following Him and embracing His teachings. This may require sacrifices, self-denial, and a willingness to confront our own shortcomings.

## The Hope of Eternity

The promise of eternal life offers us a source of hope and strength in the face of life's challenges. It reminds us that our ultimate destiny is not death, but eternal life with God.

