



SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

PARISH BULLETIN



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@sacredheartcalgary

JUNE 2024

Pastor: Fr. Arjay Abanto
Administrative Assistant: Beata Banka
Columbarium Manager,
Sacraments Coordinator: Ingrid Trewin
Volunteer Coordinator: Ingrid Trewin
Housekeeper: Janette Ramirez
Hospitality Desk: Carlo Peregrina

MINISTRY LEADERS

Pastoral Council: Tom Cotter
Finance Council: Mike Walsh
Pastoral Health Care: Pat Balis
Lectors: Kevin McCormack
Weekday Liturgy: Addie Dedio
Hospitality: Looking for Volunteer
Extraordinary Ministers: Rita Shank
Altar Servers: Karissa Factura
RCIA: Margita Tapias, Landon Dolanz
and Heather Clark (Continuo)
Hampers Program: Carlos Sousa
Catholic Women's League: Anna
Marinelli and Janet MacPhee
Knights of Columbus: Timothy Dahm
Building Committee: Terry Allen
In-Residence: Rev. Mario Basque,
Rev. Wilbert Chin Jon

Mass Times

Saturday: 9:00 am, 5:00 pm
Sunday: 7:30 am, 9:00 am,
11:00 am, 5:00 pm
Mon to Fri: 12:05 pm

Reconciliation

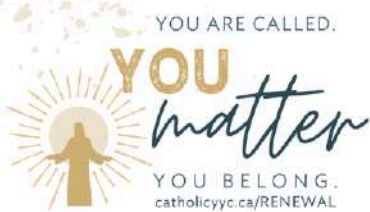
Saturday: 4:00 pm
Tuesdays, Thursdays and
Fridays at 11:15 AM
And by appointment

Adoration

Friday: 12:45 pm
Incense is used.

Parish Office

Mon to Fri: 9:00 a.m. - 3:00 p.m.
1307 14 St SW Calgary AB T3C 1C6
403-244-2741 ext. 101
secretaries@sacredheartcalgary.ca



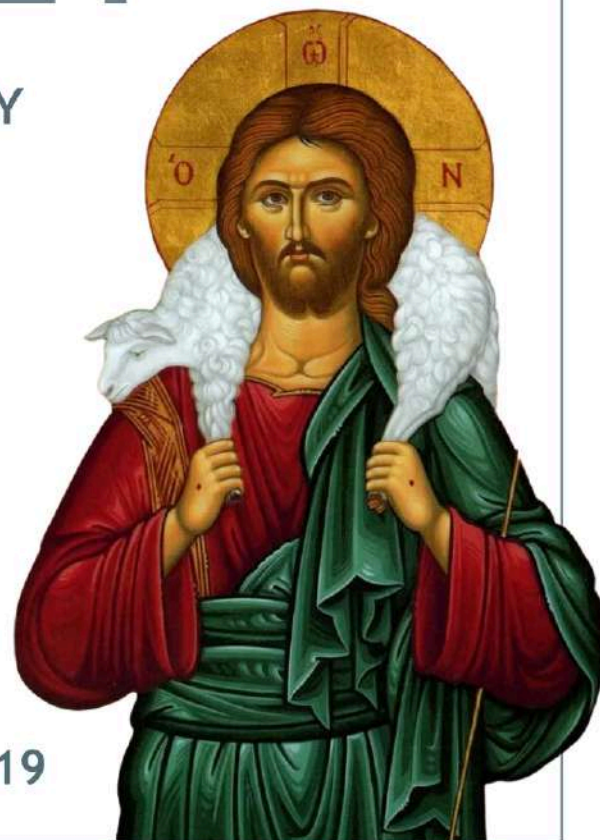
PASTORAL RENEWAL
SURVEY

SACRED HEART, CALGARY

SCAN
ME ▶



OR TYPE: [TINYURL.COM/RENEW-P19](https://tinyurl.com/renew-p19)



Your voice matters!

Help shape the future of our parish community
and our journey of discipleship.

The Pastoral Renewal Survey for our parish is
EXTENDED until June 21st.

Complete the Survey now



Events at Sacred Heart

KofC Garage Sale - DONATIONS NEEDED

The Knights of Columbus is hosting a Parish Garage Sale on **June 22nd and 23rd (9am-6pm)!**

Donate gently used clothing, housewares, books, toys, sporting goods, small furniture, seasonal decorations, electronics, and tools (all in good condition) from **June 17th to 20th from 1-4PM** to the Upper Hall.

All proceeds benefit the Knights of Columbus charities supporting Sacred Heart Church and the Catholic community.



Declutter and support a good cause!



Save the Date
Life in the Spirit Seminar
June 28th-29th



Craving a stronger faith? Reenergize at Sacred Heart's transformative Life in the Spirit Seminar (June 28th-29th). This immersive two-day experience explores the Holy Spirit's power, deepening your connection with Christ. Expect inspiring worship music, insightful talks on key faith topics, and supportive small group discussions. Through these interactive sessions, you'll gain a richer understanding of the Holy Spirit's presence and its potential to transform your walk with Christ. Open to all, this seminar offers a warm and welcoming environment for growth, regardless of where you are on your faith journey. Don't miss this powerful opportunity to encounter Jesus in a fresh and meaningful way. Register today at cccsevents@gmail.com and embark on a transformative spiritual adventure.

SAVE THE DATE

Sunday, June 30th Sale in the Narthex

A granddaughter's request created Bella Vita, a company run by a retired jeweler. They revive religious medal sales by attending church events, sharing the stories behind these treasured symbols, and reigniting faith. Bella Vista goes beyond commerce, supporting religious organizations and churches, strengthening the bonds between faith, family, and community.



“Let Us Bear Fruit!”

Fr. Rowel Jose (Arjay) Abanto

Jesus Christ in all His life teaches by means of parables, an earthly story with heavenly meaning that illustrate a moral or spiritual lesson. These are all taken from the life of the people, from their daily lives. By these parables, Jesus helped the people to discover, learn, find and see the things of God everyday. This Sunday's Gospel reading, Jesus narrates two parables very close to His and people's life: the story of the seed that grows by itself and the story of the small mustard seed which grows into the biggest shrub. Jesus teaches that there is a process, a need to wait, no need to rush, and there are stages and moments of growth. Even small like the mustard seed, it may grow like a shrub where birds make their nests. Small as it looks like but when it grows, it's huge. These parables are how the Kingdom of God is. We are the farmers, and we need to simply wait and let things happen, and only Him who can make the seed prosperous and fruitful. Whatever we planted, nurtured, and cultivated, it is God who makes them grow. Christ asks us to continue plant the seed of the Gospel of Love, the Kingdom of God throughout the world and make it our way of life so that it may bear fruit a hundredfold. Christ asks us to carry on to 'plant' seeds of good will, patience, reconciliation, and justice wherever and whenever we can. Christ assures us that in God's own good time, our plantings will result in the harvest of the kingdom of God. With the faith like the mustard seed, our smallest acts of love, compassion and kindness, in our unseen and unheralded offerings of encouragement and support, we can transform even the most barren of places into great gardens of hope, light, and inspiration. So, plant and bear fruit my dear brothers and sisters.

As I celebrated my 29th Anniversary of my Priestly Ordination (June10), I thank the Lord for all the bountiful harvest that He gave me. The seed my parents planted is nothing else but grace and mercy of God. I am nothing without His great love and compassion. My desire is to continue planting the seed of the Word of God everyday, every where, and to everybody.

Ad Maiorem Dei Gloriam! For the Greater Glory of God!