



SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

P A R I S H B U L L E T I N



Follow us!

@sacredheartcalgary

MAY 2024

Sixth Sunday of Easter

Pastor: Fr. Arjay Abanto
Administrative Assistant: Beata Banka
Columbarium Manager,
Sacraments Coordinator: Ingrid Trewin
Volunteer Coordinator: Ingrid Trewin
Housekeeper: Janette Ramirez
Hospitality Desk: Carlo Peregrina

MINISTRY LEADERS

Pastoral Council: Tom Cotter
Finance Council: Mike Walsh
Pastoral Health Care: Pat Balis
Lectors: Kevin McCormack
Weekday Liturgy: Addie Dedio
Hospitality: Looking for Volunteer
Extraordinary Ministers: Rita Shank
Altar Servers: Karissa Factura
RCIA: Margita Tapias, Landon Dolanz
and Heather Clark (Continuo)
Hampers Program: Carlos Sousa
Catholic Women's League: Anna
Marinelli and Janet MacPhee
Knights of Columbus: Timothy Dahm
Building Committee: Terry Allen
In-Residence: Rev. Mario Basque,
Rev. Wilbert Chin Jon

Mass Times

Saturday: 9:00 am, 5:00 pm
Sunday: 7:30 am, 9:00 am,
11:00 am, 5:00 pm
Mon to Fri: 12:05 pm

Reconciliation

Saturday: 4:00 pm
Tuesdays, Thursdays and
Fridays at 11:15 AM
And by appointment

Adoration

Friday: 12:45 pm
Incense is used.

Parish Office

Mon to Fri: 9:00 a.m. - 3:00 p.m.
1307 14 St SW Calgary AB T3C 1C6
403-244-2741 ext. 101
secretaries@sacredheartcalgary.ca

By Grace Alone: The Gift That Transforms Us

Imagine a love so extravagant, so freely bestowed, that it predates our very existence. This is the magnificent reality of God's grace.

This grace, called *gratia prima*, flows from God's overflowing love for us. It precedes our good works, our sins, and even our very existence. We are created *ex nihilo* (out of nothing), solely by God's desire for our good.

As Scripture tells us, "it is by grace you have been saved, through faith; and this is not your own doing, it is the gift of God" (Ephesians 2:8). The Saints, from St. Augustine who wrestled with grace, to St. Teresa of Avila who received visions through divine favour, all understood this core principle.

However, God also calls us to cooperate with His grace. This doesn't diminish the primacy of grace, but allows us to experience it more fully. The Catechism teaches us: "Grace builds on nature and perfects it" (CCC 1094).

Think of the Church as a fertile garden. God's grace is the rain that nourishes the soil (our hearts). The Sacraments are the channels through which this grace flows. But for the seeds of faith to grow, we must tend the garden. This means:

- Regularly attending Mass and receiving the Sacraments, especially Confession and Eucharist.
- Living a life of prayer, both personal and communal.
- Following God's commandments found in Scripture and Church teachings.
- Participating in the life of the Church, contributing our talents and receiving the support of the community.



By cooperating with grace, we become instruments of God's love in the world. We share His love through acts of charity towards our neighbour, spreading the message of the Gospel, and living a holy life.

Remember, our good works are not a way to earn God's love, but a response to it. As St. Bernard of Clairvaux said, "We love Him, because He first loved us" (1 John 4:19).

May we deepen our understanding of God's grace and live in a way that reflects this incredible gift.



Save the Date!

Date: Sunday, May 26, 2024

Time: 12:00 PM - 3:00 PM

**Location: Sacred Heart
Housey Hall**

All ladies of the parish are invited to Sacred Heart's CWL Spring Tea. A wonderful time to meet with women of the parish. Speaker - Fr. Mario Basque - his journey

Put on your spring hat and come out to enjoy Tea, Savouries and Desserts!

**Please RSVP to Anna at
587-892-2713**

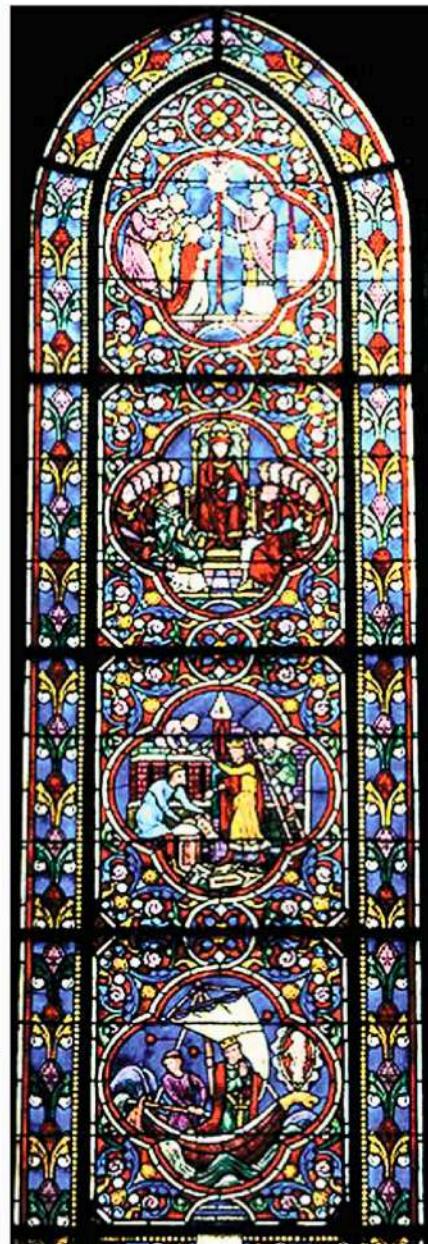
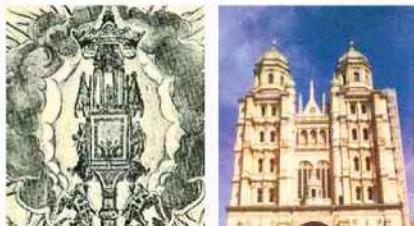


Eucharistic Miracle of DIJON

FRANCE, 1430



In the Eucharistic miracle of Dijon, a lady purchased a monstrance which by mistake still contained the Sacred Host. The lady decided to use a knife to remove the Host, from which living Blood began to flow. The Blood dried immediately, leaving imprinted on the Host, the image of the Lord seated on a semicircular throne with some of the instruments of the Passion at His side. The Host remained intact for more than 350 years, until the Host was destroyed by the revolutionaries in 1794.



Stained glass window of the Holy Chapel in the Cathedral of Dijon. In the first frame a priest presents the miraculous Host which was kept until the French revolution.

Jn 1430, in Monaco, a lady purchased a monstrance from a second hand dealer. It was most likely stolen because it still contained the Sacred Host for adoration. The lady, being very ignorant in regard to the Real Presence of Christ in the Eucharist, decided to remove the Host from the monstrance with a knife. Unexpectedly, living blood began to flow from the Host. The blood dried immediately, leaving imprinted on the Host the image of the Lord, seated on a semicircular throne with some of the instruments of the Passion at His side.

The lady, unsettled, went to Canon Anelon, who kept the Host with himself. The episode quickly came to be known even by the Pope, Eugene IV, who desired to donate the miraculous Host to Duke Phillip of Borgogna, who in turn donated

the Host to the city of Dijon. We know with certainty that in 1794 the miraculous Host was still in the Basilica of Saint Michael the Archangel, but on February 9 of that year, the municipality of Dijon requisitioned the church to consecrate it as temple of the new sect "la Raison", that is of the "godess of reason".

The miraculous Host was burned. Many are the documents and the works of art which illustrate the miracle; for example, one of the stained glass windows of the Cathedral of Dijon in which the main scene of the marvel is portrayed.



Dijon, Host sent in 1433 by Pope Eugene IV to Phillip the Handsome, Duke of Borgogna



Old accurate reproduction of the Holy Host of the Miracle of Dijon



Save the Date: 40 Hours Adoration at Sacred Heart Parish

Join us for a special event of
prayer and reflection.

Sacred Heart Parish will be hosting 40 Hours of
Adoration from Friday, June 7th to
Sunday, June 9th.

This cherished Catholic tradition offers a profound opportunity for prayer and devotion before the Blessed Sacrament. During this sacred time, parishioners gather for continuous adoration of Our Lord, truly present in the consecrated Host. The number 40 itself holds deep meaning, reminding us of the forty days Jesus spent fasting and facing temptation in the desert, as well as the forty hours His Sacred Body lay in the tomb before His glorious Resurrection.

Throughout these 40 hours, a spirit of prayer and watchfulness will fill our Church, allowing us to:

- Deepen your connection with Jesus Christ
- Offer prayers for vocations to the priesthood and religious life
- Spend time in quiet reflection and adoration

Show your devotion! Sign up for your preferred hour of Adoration using the QR-Code. To ensure continuous prayer, we kindly ask for a minimum of 3 people to register for each hour.

We especially need your prayerful presence during the early morning hours. Consider the peace and focus these quiet times can offer for your own reflection and a unique opportunity to be close to Jesus.



**Volunteer
for Adoration**





44th Annual Hike for Life

**Join the Hike for Life! Walk for Every Life
(May 11th, Prince's Island Park)**

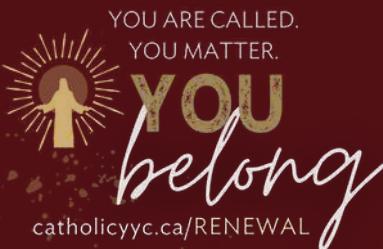
Family-friendly event: Raise funds for educational programs promoting respect for life in schools.

Celebrate life's sacredness: Walk with your faith community and raise your voice for life!

Open to everyone: Seating, entertainment, and a delicious BBQ lunch provided.

Strengthen your Catholic witness: Form a team, register online, and invite donations. (Call 403.243.0691 for limited print pledge sheets.)

Celebrate God's gift of life: Prizes, awards, and refreshments await!



RENEWAL



As part of the Diocesan wide parish renewal: Sacred Heart invites you on a transformative faith journey, inspired by St. Francis. Deepen your faith, rediscover Catholic joy, and join our welcoming community.

- Form missionary disciples: How can we actively live and share our faith with others?
- Build a welcoming church: How can we strengthen connections and create a warm atmosphere for everyone?
- Support families: How can we best empower families at home and within the parish community?

Your feedback will help shape the future of Sacred Heart and create a vibrant, impactful parish community. Answer the call and share your faith!

sacredheartcalgary.ca/RENEWAL



There will be no Masses, Confessions or Eucharistic Adoration at Sacred Heart May 14th - 17th as Clergy will be attending a retreat.

Sacred Heart Church, Parish Office & Columbarium will be Open

Loving God, thank you for our priests, who guide us on your path.
Strengthen them, set them aflame with love.
Grant them wisdom, following Jesus.
Amen.



Celebrate the Special Women This Mother's Day
Honor all the incredible women who shape your life with a
beautiful rose this Mother's Day! The Knights of Columbus
will be selling fragrant blooms for \$5 each after each
Mass at Sacred Heart on Saturday, May 11th and Sunday,
May 12th.

These roses are more than just a gesture of love. They
strengthen your parish family and support the Calgary
Pro-Life Association's mission. Join the cherished
tradition of sharing a flower after Mass, fostering a warm
atmosphere, and celebrating faith, family, and community.





Dear Jesus,

We lift up the children of Sacred Heart who are receiving you for the first time this weekend. Bless them with open hearts to receive your love and presence.

May they feel your peace and know the joy of this special day. Guide them on a lifelong journey of friendship with you, filled with faith and love.

Amen.



2024
TIA Target
\$10,805.95
of
\$42,268
catholicyyc.ca/tia

