



SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

PARISH BULLETIN



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APRIL 2024

Fifth Sunday of Easter

Pastor: Fr. Arjay Abanto
Administrative Assistant: Beata Banka
Columbarium Manager,
Sacraments Coordinator: Ingrid Trewin
Volunteer Coordinator: Ingrid Trewin
Housekeeper: Janette Ramirez
Hospitality Desk: Carlo Peregrina

MINISTRY LEADERS

Pastoral Council: Tom Cotter
Finance Council: Mike Walsh
Pastoral Health Care: Pat Balis
Lectors: Kevin McCormack
Weekday Liturgy: Addie Dedio
Hospitality: Looking for Volunteer
Extraordinary Ministers: Rita Shank
Altar Servers: Karissa Factura
RCIA: Margita Tapias, Landon Dolanz
and Heather Clark (Continuo)
Hampers Program: Carlos Sousa
Catholic Women's League: Anna
Marinelli and Janet MacPhee
Knights of Columbus: Timothy Dahm
Building Committee: Terry Allen
In-Residence: Rev. Mario Basque,
Rev. Wilbert Chin, Jon

Mass Times

Saturday: 9:00 am, 5:00 pm
Sunday: 7:30 am, 9:00 am,
11:00 am, 5:00 pm
Mon to Fri: 12:05 pm

Reconciliation

Saturday: 4:00 pm
Tuesdays, Thursdays and
Fridays at 11:15 AM
And by appointment

Adoration

Friday: 12:45 pm
Incense is used.

Parish Office

Mon to Fri: 9:00 a.m. - 3:00 p.m.
1307 14 St SW Calgary AB T3C 1C6
403-244-2741 ext. 101
secretaries@sacredheartcalgary.ca

...THE VINE,
WE ARE THE
BRANCHES: HE
THAT ABIDETH IN

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Abiding in the Vine: A Flourishing Branch

The Gospel presents a beautiful image: Jesus as the vine, and we, the branches. This isn't just a metaphor, but a truth that speaks to the very core of our faith in Christ. It illuminates the intimate connection that binds us, nourishing and empowering our spiritual journey.

Just last week, Jesus, the Good Shepherd, promised guidance. Today, He delves deeper. We are not merely sheep following. We are branches grafted onto the vine, sharing its lifeblood, its very essence. This image carries immense weight, especially considering the timing – the shadow of the cross looms large during the Last Supper. Yet, even in the face of impending sacrifice, Jesus offers solace. He assures us that He will remain with us through the Eucharist, the true vine.

The shepherd is a comforting image, offering security and direction. The vine, however, speaks of a deeper reality – the Eucharistic reality. Through transubstantiation, Christ's sacrifice becomes a source of nourishment, sustaining us on our pilgrimage of faith. We are not separate entities; we are one in Him, drawing life and strength from the same source.

This profound truth reminds us of the Real Presence. When we encounter one another, especially the vulnerable and needy, we encounter Christ Himself. This understanding calls us to live out the Corporal and Spiritual Works of Mercy – tangible expressions of God's love. Feeding the hungry, visiting the sick – these are not simply good deeds, but expressions of the love that flows from the vine to its branches.

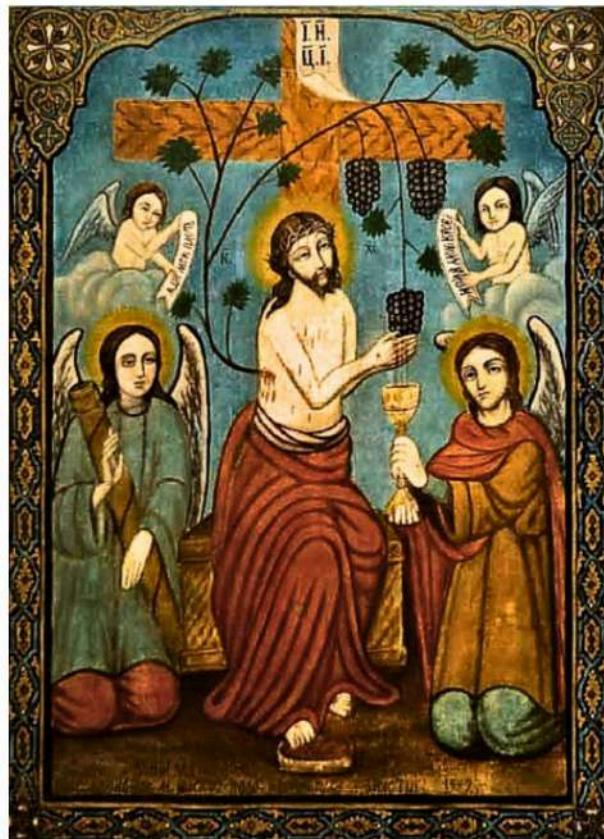
The parable holds another truth. The vine, no matter how fruitful, cannot bear the weight of its bounty alone. It needs the branches to extend its reach and bring forth its harvest. Similarly, the life of Christ within us needs an outlet for expression. The Sacraments, especially Confession and Holy Communion, are essential for us to be fruitful branches, spreading the Gospel message through our words and actions.

We are not passive recipients of grace. We are called to actively participate in the life of the Church through prayer, a conversation with the divine source of our strength. Regular attendance at Mass allows us to gather as a community, to nourish ourselves with the Eucharist, and to receive spiritual instruction and guidance. Beyond these core practices, we are called to engage in acts of service, using our gifts and talents to build up the body of Christ. It is through these active expressions of faith, guided by the Holy Spirit, that the Kingdom of God expands on earth.

For inspiration, look to Mary, our perfect example of faithfulness. Through her intercession, we receive the graces needed to fulfill our unique callings within the Church. Her unwavering faith and obedience offer a beacon of inspiration, guiding us on our own journeys.

Finally, remember the importance of the Saints – those who have gone before us and borne abundant fruit. Let their stories inspire us and guide our own endeavors. Their lives stand as testaments to the power of the vine, a living reminder that with Christ, anything is possible.

So let us go forth, nourished by the Eucharist, strengthened by the Sacraments, and guided by the Holy Spirit. May we, as branches of the vine, radiate Christ's love in all we do. Let our actions be a reflection of the abundant life that flows from Him, bearing the fruits of the Kingdom. In doing so, we become instruments of God's grace, extending His love and mercy to a world in need.



FEED THE HUNGRY

SUNDAY MAY 5TH
ST. MARY'S CATHEDRAL HALL

Take part in the spirit of
generosity and giving

LET'S FEED THE HUNGRY

IN CALGARY

*One Sunday
at a time*



It's our turn

**SPONSORS AND
VOLUNTEERS NEEDED**

sacredheartcalgary.ca/FTH



There will be no Masses, Confessions or Eucharistic Adoration at Sacred Heart May 14th - 17th as Clergy will be attending a retreat.

**Sacred Heart Church,
Parish Office &
Columbarium will be Open**



44th Annual Hike for Life

**Join the Hike for Life! Walk for Every Life
(May 11th, Prince's Island Park)**

Family-friendly event: Raise funds for educational programs promoting respect for life in schools.

Celebrate life's sacredness: Walk with your faith community and raise your voice for life!

Open to everyone: Seating, entertainment, and a delicious BBQ lunch provided.

Strengthen your Catholic witness: Form a team, register online, and invite donations. (Call 403.243.0691 for limited print pledge sheets.)

Celebrate God's gift of life: Prizes, awards, and refreshments await!

**A Ω
Calgary Pro-Life**



Celebrate the Special Women This Mother's Day Honor all the incredible women who shape your life with a beautiful rose this Mother's Day! The Knights of Columbus will be selling fragrant blooms for \$5 each after each Mass at Sacred Heart on Saturday, May 11th and Sunday, May 12th.

These roses are more than just a gesture of love. They strengthen your parish family and support the Calgary Pro-Life Association's mission. Join the cherished tradition of sharing a flower after Mass, fostering a warm atmosphere, and celebrating faith, family, and community.



RENEWAL

As part of the Diocesan wide parish renewal: Sacred Heart invites you on a transformative faith journey, inspired by St. Francis. Deepen your faith, rediscover Catholic joy, and join our welcoming community.

- Form missionary disciples: How can we actively live and share our faith with others?
- Build a welcoming church: How can we strengthen connections and create a warm atmosphere for everyone?
- Support families: How can we best empower families at home and within the parish community?

Your feedback will help shape the future of Sacred Heart and create a vibrant, impactful parish community. Answer the call and share your faith!

sacredheartcalgary.ca/RENEWAL