



SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

PARISH BULLETIN



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@sacredheartcalgary

MARCH 2024

Fifth Sunday of Lent

Pastor: Fr. Arjay Abanto
Administrative Assistant: Beata Banka
Columbarium Manager,
Sacraments Coordinator: Ingrid Trewin
Volunteer Coordinator: Ingrid Trewin
Technology & Communications: Tim Dahm
Housekeeper: Janette Ramirez
Hospitality Desk: Carlo Peregrina

MINISTRY LEADERS

Pastoral Council: Tom Cotter
Finance Council: Mike Walsh
Pastoral Health Care: Pat Balis
Lectors: Kevin McCormack
Weekday Liturgy: Addie Dedio
Hospitality: Looking for Volunteer
Extraordinary Ministers: Rita Shank
Altar Servers: Karissa Factura
RCIA: Karen Howells, Margarita Tapias
and Landon Dolanz
Hampers Program: Carlos Sousa
Catholic Women's League: Anna
Marinelli and Janet MacPhee
Knights of Columbus: Timothy Dahm
Building Committee: Terry Allen
In-Residence: Rev. Mario Basque,
Rev. Wilbert Chin Jon

Mass Times

Saturday: 9:00 am, 5:00 pm
Sunday: 7:30 am, 9:00 am,
11:00 am, 5:00 pm
Mon to Fri: 12:05 pm

Reconciliation

Saturday: 4:00 pm
Tuesdays, Thursdays and
Fridays at 11:15 AM
And by appointment

Adoration

Friday: 12:45 pm
Incense is used.

Parish Office

Mon to Fri: 9:00 a.m. - 3:00 p.m.
1307 14 St SW Calgary AB T3C 1C6
403-244-2741 ext. 101
secretaries@sacredheartcalgary.ca

The Seed of Faith: Dying to Self, Rising in Christ

Lent deepens our faith. It's a call to rediscover the fire of our baptism, a new life in Christ.

The Gospel teaches us, like a buried seed, we must be willing to let go to truly grow. Jesus' sacrifice, his Paschal Mystery, is the heart of our faith.

Through it, we are transformed.

Baptism grafted us onto Christ's vine. We share in his death and resurrection, becoming new creations. This new life demands denying ourselves, resisting sin, choosing God's will.

The Way of the Cross requires dying to selfishness and embracing others. It's about letting go to fully love God and neighbor. Only through this "death" can we experience true victory.

Let us recommit to our baptismal call, overcome sin, and grow closer to God.

May our actions reflect Christ's message. As we approach the Triduum, let us prepare our hearts for the Paschal Mystery.

Amen.

Sacred Heart Communications

Pray the Stations of the Cross 7:00 PM Fridays during Lent

Ministries Leading the Stations

- 1st Friday of Lent (February 16th) Knight of Columbus (KC)
- 2nd Friday of Lent (February 23rd) Rite of Christian Initiation of Adults (RCIA)
- 3rd Friday of Lent (March 1st) Missionaries Families of Christ (MFC)
- 4th Friday of Lent (March 8th) Lectors and Extraordinary Ministers of Holy Communion
- 5th Friday of Lent (March 15th) Catholic Women's League (CWL)
- 6th Friday of Lent (March 22nd) Parish Pastoral Council, Parish Finance Council Members

SACRED HEART PASCHAL TRIDUUM AND EASTER SCHEDULE

HOLY THURSDAY, March 28, 2024 10:00 am
Church and Columbarium is open for private prayers
7:00 pm - Evening Mass of the Lord's Supper
8:30 pm - 11:00 pm - Adoration
11:30 pm - Church Closes

GOOD FRIDAY, March 29, 2024 10:00 am -
Church and Columbarium is open for private prayers
3:00 pm - Celebration of the Lord's Passion
6:00 pm - Church Closes

HOLY SATURDAY, March 30, 2024 10:00 am -
Church and Columbarium is open for private prayers
8:00 pm - Easter Vigil
11:30 pm - Church Closes

EASTER SUNDAY, March 31, 2024 9:00 am - Holy Mass
11:00 am - Holy Mass
5:00 pm - Holy Mass
6:00 pm - Church Closes

EASTER MONDAY, April 1, 2024 Church, Columbarium, and office closed.

We will reopen on Tuesday, April 2nd at 9:00 am



CWL Meeting

CWL Meeting: Mar 17, 12 PM, Housey Hall (Downstairs). Open to all women 16+! Topics: Easter Vigil Reception & CWL Diocesan Convention (May 3-5).
More Info: Anna 587-892-2713.

OUTDOOR WAY OF THE CROSS

All are invited to join Bishop McGrattan on the Outdoor Way of the Cross on Good Friday, March 29, 2024 at 9 am. We are introducing a new route this year that begins at St. Mary's University and leads us to the Father Lacombe Centre.

Remember to dress appropriately for the outdoors.

For more information, visit catholiccyyc.ca/wayofthecross

Volunteers Needed

Make a Difference at Sacred Heart Church

Use your eye for detail to help our church!

Join our money counting team and ensure the accuracy of Sacred Heart's offerings. This role directly supports our community programs.

Learn More & Apply

Pick up an application form at the church entrance. Contact the parish office with any questions.

Benefits:

- Give back to the community
- Develop valuable skills
- Meet new people

Ready to Help?

Contact the Sacred Heart Church parish office.



Lenten Mission

Lenten Mission with the
Seeds of the Word
Community

**Friday, March 22nd,
8:00 PM**

After the Stations of the Cross



**TIA Target
for 2024:
\$42,268**



Monsignor Doyle Council 1186
Sacred Heart, Founded 1907

Family of the Month

The Knights of Columbus recognize outstanding Christian families at our parish. Each month, we honor a family, and one is chosen yearly to represent us nationally.

Nominate a deserving family
online :

sacredheartknights.ca/family.