



SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

PARISH BULLETIN



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FEBRUARY 2024

Sixth Sunday in Ordinary Time

Pastor: Fr. Arjay Abanto
Administrative Assistant: Beata Banka
Columbarium Manager,
Sacraments & Volunteer Coordinator: Ingrid Trewin
Technology & Communications: Tim Dahm
Housekeeper: Janette Ramirez
Hospitality Desk: Carlo Peregrina

MINISTRY LEADERS

Pastoral Council: Tom Cotter
Finance Council: Mike Walsh
Pastoral Health Care: Pat Balis
Lectors: Kevin McCormack
Weekday Liturgy: Addie Dedio
Hospitality: Looking for Volunteer
Extraordinary Ministers: Rita Shank
Altar Servers: Karissa Factura
RCIA: Karen Howells, Margarita Tapias
and Landon Dolanz
Hampers Program: Carlos Sousa
Catholic Women's League: Anna
Marinelli and Janet MacPhee
Knights of Columbus: Timothy Dahm
Building Committee: Terry Allen
In-Residence: Rev. Mario Basque
Rev. Wilbert Chin-Jon

Mass Times
Saturday: 9:00 am, 5:00 pm
Sunday: 7:30 am, 9:00 am,
11:00 am, 5:00 pm
Mon to Fri: 12:05 pm

Reconciliation

Saturday: 4:00 pm
Tuesdays, Thursdays and
Fridays at 11:15 AM
And by appointment

Adoration

Friday: 12:45 pm
Incense is used.

Parish Office

Mon to Fri: 9:00 a.m. - 3:00 p.m.
1307 14 St SW Calgary AB T3C 1C6
403-244-2741 ext. 101
secretaries@sacredheartcalgary.ca

I Do Choose, Be Made Clean

The leper in today's Gospel stands as a powerful reminder of faith and transformation. Cast out by society, deemed "unclean," he dared to approach Jesus. His request was simple, yet profound: "If you wish, you can make me clean." It wasn't a demand, but a surrender, an act of utter faith in Jesus' power and compassion.

Jesus, moved by the leper's courage, shatters societal norms. He stretches out his hand, touching the untouchable, defying cultural stigmas. This wasn't just a physical healing; it was a symbolic act, declaring the leper worthy, loved, and fully human again.

While physical leprosy isn't as prominent today, we still create invisible lepers: the ostracized, the judged, the "different." Perhaps, like the leper, we harbor our own hidden "leprosy" – insecurities, prejudices, or unseen struggles.

Jesus' message transcends time and culture. He calls us to embrace, love, and uplift those shunned by society. He urges us to see their humanity, not just their condition.

Look around. Do you see a "leper" in your life? A friend struggling with illness, a neighbor facing poverty, a family member in emotional pain? Extend your hand, like Jesus. Offer not just physical aid, but genuine compassion, acceptance, and love.

Remember, we too are capable of transformation. Let us come to Jesus, our own "leprosy" laid bare, seeking healing and wholeness. He stands ready, arms outstretched, waiting to embrace us with unconditional love and grace.

Ad Maiorem Dei Gloriam! For the greater glory of God!

Sources: stories4homilies.blogspot.com.

Fr. Rowel Jose (Arjay) Abanto

Pray the Stations of the Cross 7:00 PM Fridays during Lent

Ministries Leading the Stations

- 1st Friday of Lent (February 16th) Knight of Columbus (KC)
- 2nd Friday of Lent (February 23rd) Rite of Christian Initiation of Adults (RCIA)
- 3rd Friday of Lent (March 1st) Missionaries Families of Christ (MFC)
- 4th Friday of Lent (March 8th) Lectors and Extraordinary Ministers of Holy Communion
- 5th Friday of Lent (March 15th) Catholic Women's League (CWL)
- 6th Friday of Lent (March 22nd) Parish Pastoral Council, Parish Finance Council Members

SACRED HEART PASCHAL TRIDUUM AND EASTER SCHEDULE

HOLY THURSDAY, March 28, 2024 10:00 am - Church and Columbarium is open for private prayers

7:00 pm - Evening Mass of the Lord's Supper

8:30 pm - 11:00 pm – Adoration

11:30 pm – Church Closes

GOOD FRIDAY, March 29, 2024 10:00 am - Church and Columbarium is open for private prayers

3:00 pm - Celebration of the Lord's Passion

6:00 pm - Church Closes

HOLY SATURDAY, March 30, 2024 10:00 am - Church and Columbarium is open for private prayers

8:00 pm - Easter Vigil

11:30 pm – Church Closes

EASTER SUNDAY, March 31, 2024 9:00 am - Holy Mass

11:00 am - Holy Mass

5:00 pm - Holy Mass

6:00 pm - Church Closes

EASTER MONDAY, April 1, 2024 Church, Columbarium, and office closed.

We will reopen on Tuesday, April 2nd at 9:00 am

Ash Wednesday - February 14 Fasting & Abstinence

Ash Wednesday and Good Friday are universal days of fasting and abstinence from meat. Anyone over the age of 18 and under the age of 59 are obliged to fast and abstain.

Fasting as defined by the Church:

- **One full meal is permitted during the fasting period. This meal should be of moderate size, not exceeding what is customary for an individual.**
- **Two smaller meals are allowed in addition to the single full meal. However, combined, they shouldn't be equivalent to the size of a full meal.**

Mass is celebrated at 12:05 & 6:00 PM



Monsignor Doyle Council 1186
Sacred Heart, Founded 1907

KNIGHTS OF COLUMBUS FAMILY OF THE MONTH AWARD

The Knights of Columbus Recognize and support the development of strong families.

Each month, the Sacred Heart Knights of Columbus select and recognize one parish family that models Christian family values and visibly lives them every day. Once a year, one of the previous twelve Family of the Month winners is selected to represent Sacred Heart as the potential international Family of the Year.

To nominate a parish family for this award, go to sacredheartknights.ca/family or obtain a Form from the Parish Office

Financial Update



\$56,008 of 2023

Target \$42,268

Thank
You!

Thank you for your generosity
and support for our parish.

Please email
communications@sacredheartcalgary.ca
with any questions.

	As of Dec. 31st, 2023	Budget
Regular Collection	\$513,105	\$605,000
Outreach	\$31,394	\$28,000
Building Fund	\$61,182	\$70,000