



SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

PARISH BULLETIN

FEBRUARY 2024

Fifth Sunday in Ordinary Time

Pastor: Fr. Arjay Abanto

Administrative Assistant: Beata Banka

Columbarium Manager,

Sacraments & Volunteer Coordinator: Ingrid Trewin

Technology & Communications: Tim Dahm

Housekeeper: Janette Ramirez

Hospitality Desk: Carlo Peregrina

MINISTRY LEADERS

Pastoral Council: Tom Cotter

Finance Council: Mike Walsh

Pastoral Health Care: Pat Balis

Lectors: Kevin McCormack

Weekday Liturgy: Addie Dedio

Hospitality: Looking for Volunteer

Extraordinary Ministers: Rita Shank

Altar Servers: Karissa Factura

RCIA: Karen Howells, Margarita Tapias
and Landon Dolanz

Hampers Program: Carlos Sousa

Catholic Women's League: Anna

Marinelli and Janet MacPhee

Knights of Columbus: Timothy Dahm

Building Committee: Terry Allen

In-Residence: Rev. Mario Basque,

Rev. Wilbert Chin Jon

Mass Times

Saturday: 9:00 am, 5:00 pm

Sunday: 7:30 am, 9:00 am,

11:00 am, 5:00 pm

Mon to Fri: 12:05 pm

Reconciliation

Saturday: 4:00 pm

Tuesdays, Thursdays and

Fridays at 11:15 AM

And by appointment

Adoration

Friday: 12:45 pm

Incense is used.

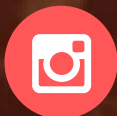
Parish Office

Mon to Fri: 9:00 a.m. - 3:00 p.m.

1307 14 St SW Calgary AB T3C 1C6

403-244-2741 ext. 101

secretaries@sacredheartcalgary.ca



Follow us!

@sacredheartcalgary

Come to a Deserted Place

In the whirlwind of modern life, our souls, like parched fields, yearn for the rain of stillness. Like the Good Shepherd, Jesus guides us to a refuge, not just a physical place, but an inner sanctuary – a "deserted place" within our hearts. Here, amidst the hush, we shed the masks we wear for the world, breathe deeply of His grace, and reconnect with the Divine essence at the core of our being.

This isn't an escape, but a homecoming, a return to the source of our truest selves. In the quietude, we rediscover the language of the heart, a language of gratitude and awe that transcends words. Burdens and expectations, heavy on our shoulders, fade away, replaced by the comforting embrace of God's love, a love that holds us simply for who we are.

Renewed and strengthened, we step back into the world, not retreating, but carrying within us the melody of peace. The pace may still be frenetic, but a different rhythm now guides our steps, one fueled by the embers of faith rekindled in the hidden sanctuary within.

Answer the call, dear friend. Seek the stillness, even in the midst of the rush. In that sacred space, find solace, strength, and let your soul be illuminated by the light of Christ. Remember, you are never alone. He walks beside you, His hand ever ready to guide. Step into the quiet, and let your soul find its haven in the loving embrace of your Divine Friend.

Ad Maiorem Dei Gloriam! For the greater glory of God!

Sources: stories4homilies.blogspot.com.

Fr. Rowel Jose (Arjay) Abanto

Confirmation for Adults

We invite adults who are baptized Catholics and not yet confirmed to join us for celebration of Confirmation at Sacred Heart during this Easter season.

It's an opportunity to complete your Sacraments of Initiation and receive the precious graces when "sealed with the gift of the Holy Spirit". It's also an opportunity for those planning to be married in the foreseeable future and not yet confirmed, to arrange that before your wedding. The RCIA Team will assist with organization and preparation.

Please contact the Office for further information.



Monsignor Doyle Council 1186
Sacred Heart, Founded 1907

KNIGHTS OF COLUMBUS FAMILY OF THE MONTH AWARD

The Knights of Columbus Recognize and support the development of strong families.

Each month, the Sacred Heart Knights of Columbus select and recognize one parish family that models Christian family values and visibly lives them every day. Once a year, one of the previous twelve Family of the Month winners is selected to represent Sacred Heart as the potential international Family of the Year.

To nominate a parish family for this award, go to sacredheartknights.ca/family or obtain a Form from the Parish Office

"Love bears all things, believes all things, hopes all things, endures all things. Love never ends."

1 Cor 13.7

Valentine's Dinner

WEDNESDAY, FEBRUARY 7TH

📍 Sacred Heart Church

6pm Welcome

6:30pm - Talk

7:30pm - Romantic Dinner

Child care provided

RSVP by Feb 5th

(587) 892-9673



\$100.00
FOR
COUPLE



LBS

JANUARY 2024 Schedule

LITURGICAL BIBLE STUDY



Dates:

Saturday - Jan. 6

Saturday - Jan. 13

Saturday - Jan. 20

Time:

10:00 AM - 12:00 AM

Venue:

Housey Hall - Sacred Heart Parish

HEAR THE TRUTH THAT WILL SET YOU FREE

Everyone is invited



**PLEASE PICK UP
FILL OUT AND
MAIL A POSTCARD
(No postage required)**

In March 2024, Canada's euthanasia ("MAiD") law is scheduled to expand to allow euthanasia for mental illness alone. The faces of those struggling with mental illness are our brothers, veterans, neighbours, and the face in the mirror. Canadians need access to quality mental health care and other social supports; we need advocacy and resources that support healing and resilience. WE DO NOT NEED "MAiD" FOR MENTAL ILLNESS.

Postcards opposing Euthanasia are available at Sacred Heart (In the Narthex). These postcards were prepared by Euthanasia Prevention Coalition, to give voice for our parishioners to address the government:

- To reverse its decision to permit "MAiD" for persons suffering with mental illness
- To provide quality mental health care and other social supports; that we need advocacy and resources that support healing and resilience. specifically, for those who are struggling with mental illness.

Financial Update

Thank you for your generosity and support for our parish.

Please email communications@sacredheartcalgary.ca with any questions.

| | As of Dec. 31st, 2023 | Budget |
|--------------------|-----------------------|-----------|
| Regular Collection | \$513,105 | \$605,000 |
| Outreach | \$31,394 | \$28,000 |
| Building Fund | \$61,182 | \$70,000 |