



SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

THE BULLETIN



Follow us!

@sacredheartcalgary

JANUARY 2024

Fourth Sunday in Ordinary Time

Mass Times

Saturday: 9:00 am, 5:00 pm

**Sunday: 7:30 am, 9:00 am,
11:00 am, 5:00 pm**

Mon to Fri: 12:05 pm

Reconciliation

Saturday: 4:00 pm

**Tuesdays, Thursdays and
Fridays at 11:15 AM**

And by appointment

Adoration

Friday: 12:45 pm

Incense is used.

Pastor: Fr. Arjay Abanto

Administrative Assistant: Beata Banka

Columbarium Manager, Sacraments &

Volunteer Coordinator: Ingrid Trewin

Technology & Communications: Tim Dahm

Housekeeper: Janette Ramirez

Hospitality Desk: Carlo Peregrina


Parish Office

Mon to Fri: 9:00 a.m. - 3:00 p.m.

1307 14 St SW Calgary AB T3C 1C6

403-244-2741 ext. 101

secretaries@sacredheartcalgary.ca

The background of the entire page is a religious painting. It depicts Jesus, with long brown hair and a beard, wearing a red robe, surrounded by a large crowd of people. In the foreground, a man is being held back by others, looking towards Jesus. The scene is set in a room with classical architecture, including columns and a large window in the background. The overall tone is dramatic and spiritual.

Your Word is Power and Life

The words of Jesus resonated deeply with the hearts of the common people. His teachings carried a weight of truth, spoken with an authority that resonated far beyond mere pronouncements. This authority was not borrowed from external sources, as with the scribes who relied on citations. No, Jesus' authority sprang from within, from the wellspring of His own lived experience. He spoke not of secondhand wisdom, but of truths He had encountered firsthand. Though He held no earthly office, His words carried the divine spark, needing no external validation.

This intrinsic authority was further revealed during one of His teachings, when a poor, afflicted soul interrupted Him. "Leave us alone!" the man cried out, instinctively recognizing the power Jesus wielded against darkness. Jesus, undeterred, rebuked the unclean spirit with a sharp command: "Be silent! Come out of him!" And with a shriek, the evil presence obeyed, fleeing the tormented man. The crowd, witnessing this, marvelled: "What authority He possesses! He commands even the unclean spirits, and they obey!"

Indeed, this man on the fringes of society and sanity understood Jesus' nature better than many. He served as a stark reminder: Jesus, the embodiment of God's will, stood in active opposition to the forces of evil that plague humanity. He came not only to defeat external demons, but to liberate us from the inner demons of prejudice, pride, greed, and cunning. His presence remains with us even now, especially when we gather in His Church, a sacred space where His transformative power is readily available.

Therefore, if we dedicate ourselves to anything less than a divinely guided destiny, we stray from the true purpose of our faith. The Church, established by Jesus Himself, serves as a beacon, guiding us towards lives illuminated by His truth and empowered by His grace. Let us strive, then, to embrace the transformative power within, to step into our own lived authority, and collectively build a world free from the grip of evil, ever mindful of the words spoken by the possessed man: "He commands even the unclean spirits, and they obey!"

Ad Maiorem Dei Gloriam! For the greater glory of God!



Monsignor Doyle Council 1186
Sacred Heart, Founded 1907

KNIGHTS OF COLUMBUS FAMILY OF THE MONTH AWARD

The Knights of Columbus Recognize and support the development of strong families.

Each month, the Sacred Heart Knights of Columbus select and recognize one parish family that models Christian family values and visibly lives them every day. Once a year, one of the previous twelve Family of the Month winners is selected to represent Sacred Heart as the potential international Family of the Year.

To nominate a parish family for this award, go to sacredheartknights.ca/family or obtain a Form from the Parish Office



"Love bears all things, believes all things, hopes all things, endures all things. Love never ends."

1 Cor 13.7

Valentine's Dinner

WEDNESDAY, FEBRUARY 7TH

📍 *Sacred Heart Church*

6pm Welcome

6:30pm - Talk

7:30pm - Romantic Dinner

Child care provided

RSVP by Feb 5th

(587) 892-9673



**\$100.00
FOR
COUPLE**



Apostoli Viae Gospel Encounter Group

Encounter Jesus and His Church through the exploration of the Gospels and fellowship with one another. This group runs every 2nd Tuesday, from 10 am to 11:30 am in the Housey Hall, starting February 6th.

Our purpose is to facilitate encounter with Jesus and His Church through the exploration of the Gospels and fellowship with one another. Those who encounter Jesus and desire more are invited to explore the richness of Apostoli Viae. Apostoli Viae offers formation and courses at no obligation or cost for those desiring to go deeper.

Come and join us, everyone is welcome.

For more information please contact
Carla Hamarsnes at
apostoliviaecalgary@gmail.com





Confirmation for Adults

We invite adults who are baptized Catholics and not yet confirmed to join us for celebration of Confirmation at Sacred Heart during this Easter season.

It's an opportunity to complete your Sacraments of Initiation and receive the precious graces when "sealed with the gift of the Holy Spirit". It's also an opportunity for those planning to be married in the foreseeable future and not yet confirmed, to arrange that before your wedding. The RCIA Team will assist with organization and preparation.

Please contact the Office for further information.



LBS

FEBRUARY 2024 Schedule

LITURGICAL BIBLE STUDY

Dates:

Time:

Saturday - Feb. 3 10:00 AM - 12:00 PM

Saturday - Feb. 10 12:00 - 2:00 PM (After First Communion
Sacramental Preparations)

Saturday - Feb. 17 10:00 AM - 2:00 PM

Venue: Housey Hall - Sacred Heart Parish



**PLEASE PICK UP
FILL OUT AND
MAIL A POSTCARD
(No postage required)**

In March 2024, Canada's euthanasia ("MAiD") law is scheduled to expand to allow euthanasia for mental illness alone. The faces of those struggling with mental illness are our brothers, veterans, neighbours, and the face in the mirror. Canadians need access to quality mental health care and other social supports; we need advocacy and resources that support healing and resilience. WE DO NOT NEED "MAiD" FOR MENTAL ILLNESS.

Postcards opposing Euthanasia are available at Sacred Heart (In the Narthex). These postcards were prepared by Euthanasia Prevention Coalition, to give voice for our parishioners to address the government:

- To reverse its decision to permit "MAiD" for persons suffering with mental illness
- To provide quality mental health care and other social supports; that we need advocacy and resources that support healing and resilience. specifically, for those who are struggling with mental illness.

Ministry Leaders

Pastoral Council: Tom Cotter
Finance Council: Mike Walsh
Pastoral Health Care: Pat Balis
Lectors: Kevin McCormack
Weekday Liturgy: Addie Dedio
Hospitality: Looking for Volunteer
Extraordinary Ministers: Rita Shank
Altar Servers: Karissa Factura
RCIA: Karen Howells, Margarita Tapias and Landon Dolanz
Hampers Program: Carlos Sousa
Catholic Women's League: Anna Marinelli and Janet MacPhee
Knights of Columbus: Timothy Dahm
Building Committee: Terry Allen
In-Residence: Rev. Mario Basque, Rev. Wilbert Chin Jon

Lord Jesus,
Let my heart never rest until it finds You, who are its center, its love, and its happiness.
By the wound in Your heart pardon the sins that I have committed whether out of malice or out of evil desires.
Place my weak heart in your own divine heart, continually under your protection and guidance, so that I may persevere in doing good and in fleeing evil until my last breath.
Amen.

St. Margaret Mary Alacoque

FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

Together IN ACTION



Annual Bishop's Appeal

Formed.org, which some describe as the Catholic Netflix, is available for your use. The parish provides this service for you for free so you can stream Catholic content anytime, anywhere! Sign up by going to www.formed.org and entering our parish, Sacred Heart, Calgary, AB to get access!

\$34,384 of 2023
Target \$42,268

As of October 26th: Thanks to our parishioners for their generosity. You can read more about Together in Action on the diocesan website:

<https://www.catholiccyyc.ca/tia>

Financial Update

Thank you for your generosity and support for our parish.

Please email communications@sacredheartcalgary.ca with any questions.

	As of Nov. 30th, 2023	Budget
Regular Collection	\$441,807	\$554,583
Outreach	\$24,799	\$25,667
Building Fund	\$57,053	\$64,167



Follow us!

@sacredheartcalgary