



SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

THE BULLETIN

DECEMBER 2023

Mass Times

Saturday: 9:00 am, 5:00 pm

**Sunday: 7:30 am, 9:00 am,
11:00 am, 5:00 pm**

Mon to Fri: 12:05 pm

Reconciliation

Saturday: 4:00 pm

Tuesdays, Thursdays and

Fridays at 11:15 AM

And by appointment

Adoration

Friday: 12:45 pm

Incense is used.

Pastor: Fr. Arjay Abanto
Administrative Assistant: Beata Banka
Columbarium Manager, Sacraments &
Volunteer Coordinator: Ingrid Trewin
Technology & Communications: Tim Dahm
Housekeeper: Janette Ramirez
Hospitality Desk: Carlo Peregrina

Parish Office

Mon to Fri: 9:00 a.m. - 3:00 p.m.

1307 14 St SW Calgary AB T3C 1C6

403-244-2741 ext. 101

secretaries@sacredheartcalgary.ca

“Beware, Keep Alert!”

The spiritual life is first a matter of being awake', said Thomas Merton. A story comes to us from Eastern mysticism: A monk asked, 'Abbot, what has God's wisdom taught you? Did you become divine?' 'Not at all!' 'Did you become a saint?' 'No, as you can clearly see.' 'What then, O Abbot?' 'I became awake!' — Advent is the time of a spiritual awakening to see and experience the presence of the Messiah in our midst.

The reading from Prophet Isaiah gives us a glimpse of the difficulty people face when waiting for God seems to be in vain. In desperation all they do is remember what God had done for them in the past and hold on to that. When people remember God as their Redeemer, they bring the past into the present and that sacred memory acts like a light amid darkness. The memory of God's love gives people a reason to wait; to hold onto hope. What the people of Israel remember is that God will be true to his ancient name - "The Faithful One", and will come as their rescuer and redeemer. Because they hope, they are ready to wait, and their waiting is not passive, nor is the waiting in vain. The Gospel from St. Mark contains a short parable about the householder who has servants to whom he assigns tasks before he sets off on a journey. He singles out the doorkeeper with a special warning: 'Be on your guard then, because you do not know when the master of the house is coming. What I say to you, then, I say to all: Watch!' We know that gatekeeping can become boring, and routine can take over in the best of circumstances. We can become accustomed to anything, and we can become accustomed to the sacred as well. We can get used to God, allowing smugness and skepticism to creep into our lives. We can become Christians by habit and routine, keeping up the external ritual and routine, but desensitized, we don't encounter God anymore but rather our own emptiness. We know Jesus constantly tries to enter our lives. Each of us is the doorkeeper, whom God has put in charge of our own lives as well the lives of our community, our church and our society. Advent calls us to stand ready. We stay alert by living the values of the Redeemer in our own time. We can only welcome Jesus into our life if we are alert and attentive to Him.

On October 4th, the Memorial of St. Francis of Assisi, the Diocese of Calgary embarked on the path of Diocesan Renewal. Bishop McGrattan's Pastoral Letter explained the renewal: "A pastoral renewal is an invitation to the Church of the Diocese of Calgary to renew and strengthen our commitment as individuals, parishes, and as a diocese to live the life that Christ calls us to in the midst of our world. We respond to His call through our baptism, our personal witness of the Faith, and our desire to participate in the mission that Christ entrusted to the Church. This pastoral renewal, through the inspiration of the Holy Spirit, will enable us to respond better to the call for a deeper conversion and experience the renewal that is needed in our world today." In this regard, the homilies of priests on Sundays of Advent will focus on the theme of renewal. Our general Advent theme is People must know: keep Christ in Christmas as you belong to Him. As we observe the 1st Sunday of Advent, we contemplate that People must know: Beware, Keep alert. As parishioners of Sacred Parish, we are called to be aware, be alert, be involved and be missionary disciples in Christ, in words and deeds. Be involved in the parish as lectors, Eucharistic ministers, choir members, ushers, decorators, and other ministries. These simple tasks are great in the eyes of God. May our hearts listen to God's invitation, may Sacred Heart Church and our Diocese be renewed by living out our individual baptismal promises, that is, to obey, to love, and to live the grace of baptism given to us by our Lord. May we be Aware and Know: Keep Christ in Christmas as you belong to Him. Be aware and keep alert as we wait for Christ's birth and His Glorious Second Coming.

Ad Maiorem Dei Gloriam! For the greater glory of God!



Heavenly Father, this Advent season, we especially are in need of peace. War rages on in our world. It impacts the daily lives of millions in different ways. This year, as much as ever, we need Jesus, Prince of Peace, in our world and in our hearts. During Advent in 2023, we pray that Jesus transforms our world as we await His coming again.



Feast of The Immaculate Conception

Outdoor candlelight **PROCESSION**

Friday, December 8th

After 6:00 PM Mass

All are welcome.

Dress Appropriately

The Art of the Icon

Enhance the Christmas Season.
Hand-Crafted Christian Byzantine and
Catholic icons offered for sale after All
Masses December 16th and 17th.



Give someone the gift of Jesus this year

Do you know someone in our parish who is sick or home-bound and can't make it to church? Or someone who has had a recent injury or operation and can't get out? Let our Pastoral Care Team help. Their mission is to visit the sick and home-bound, offer comfort and prayer, and bring Jesus to the sick and home bound in the Holy Eucharist.

For more information please contact the Parish Office

Christmas Mass Times

Saturday, December 23rd	Vigil Mass (Sunday Mass) at 5 pm
Confessions at 4 pm. Church and Columbarium will be closed immediately after 5 pm Mass.	
Sunday December 24th	Sunday Mass times 7:30 am, 9 am and 11 am.
Sunday, December 24th Christmas Eve	Christmas Eve Masses 4:30 pm, 6:30 pm and 8:30 pm.
Visitation of loved ones interred in the Columbarium from 7 AM to 8:30 PM.	
Monday, December 25th The Nativity of the Lord	Christmas Day Masses are at 9 am and 11 am.
Church and Columbarium will be closed immediately after 11 am Mass. No Confession Parish office Closed	
Tuesday, December 26th Statutory Holiday	No Masses Church, Columbarium and Parish Office will be closed for the Holiday.

**Saturday, December 30th Eve
of the Feast of the Holy Family,
Jesus, Mary, and Joseph**

**Vigil Mass (Sunday Mass) at
5 pm.**

Confessions at 4 pm.

Church and Columbarium will be closed immediately after 5 pm Mass.

**Sunday, December 31st Feast
of the Holy Family, Jesus,
Mary, and Joseph**

**Sunday Mass times
7:30 am, 9 am, and 11 am, 5 pm.**

**Sunday, December 31st
Eve of the Solemnity of Mary,
the Holy Mother of God**

Mass at 6:30 pm

No Confession

Church and Columbarium will be closed immediately after 6:30 pm Mass.

**Monday, January 1st
Solemnity of Mary, the Holy
Mother of God**

Mass at 12:05 pm

No Confession

**Church and Columbarium will be closed right after the Noon Mass and will
reopen on January 2nd at 9 am.**

Parish Office is closed January 1st and will reopen on January 2nd at 9 am.

The Parish office will be closed at Noon on Friday, December 22nd, and
closed at 1:00 PM on Friday, December 29th.

The Church, Columbarium and Parish office will be re-open
for regular business hours on Dec 27th, 28th, and 29th.

Pray for our Sacramental Candidates



Kaylin
Julianna
Emilio
Armand
Denzel
Liam
Lucio

Yusef
Jacobo
Gelila
Mairwyn
Alexander
Stephanie
Junior
Leyla

Luisa
Amalia
Yoel
Lucas
Hector
Agera
Diane
Emmanuela

Loving God, pour out your blessing upon our beloved children, that during this time of Sacramental preparation they may grow closer to you, and come to know your special love for them. May this time of preparation be a time of blessing for our families and our community, and unite us all in your great love.

Amen.



KNIGHTS OF COLUMBUS

Monsignor Doyle Council 1186

S a c r e d H e a r t



COR – Refocusing Catholic men on Jesus Christ, forming and strengthening them in faith and virtue through a brother-hood committed to prayer, formation, and fraternity.

FAMILY OF THE MONTH – Recognizing a parish family that models Christian family values and visibly lives them every day.

Starting in 2024



s a c r e d h e a r t k n i g h t s . c a



Confirmation 2023-2024

Confirmation perfects Baptismal grace.

It is the Sacrament which gives the Holy Spirit in order to root us more deeply in the divine filiation, incorporate us more firmly into Christ, strengthen our bond with the Church, associate us more closely with her mission, and help us bear witness to the Christian faith in words accompanied by deeds.

Register by January 15th, 2024

The Sacrament of Confirmation is offered to children in grade 7 and older. Catholic school curriculum covers Confirmation in grades 7, 8 and 9.

Confirmation Program Schedule

Monday Evenings – Saturday Retreat and Rehearsal

Location: Housey Hall and Narthex/Upper Hall

**Parent Information Session January 21st, 2024 @ noon
(after the 11 am Mass)**

Session 1 Monday, January 22nd, 2024 @ 6pm to 7:30pm

Session 2 Monday, February 12th, 2024 @ 6pm to 7:30pm

Session 3 Monday, February 26th, 2024 @ 6pm to 7:30pm

Session 4 Monday, March 4th, 2024 @ 6pm to 7:30pm

Retreat Saturday, April 13th, 2024 @ 12:30pm to 3:30pm

Rehearsal Saturday, April 20th, 2024 @ 1:00 pm to 3:00pm

Celebration TBA

Register at sacredheartcalgary.ca/sacraments/confirmation/



LBS

JANUARY 2024 Schedule

LITURGICAL BIBLE STUDY



Dates:

Saturday - Jan. 6

Saturday - Jan.13

Saturday - Jan.20

Time:

10:00 AM - 12:00 AM

Venue:

Housey Hall - Sacred Heart Parish

HEAR THE TRUTH THAT WILL SET YOU FREE

Everyone is invited

Ministry Leaders

Pastoral Council: Tom Cotter
Finance Council: Mike Walsh
Pastoral Health Care: Pat Balis
Lectors: Kevin McCormack
Weekday Liturgy: Addie Dedio
Hospitality: Looking for Volunteer
Extraordinary Ministers: Rita Shank
Altar Servers: Karissa Factura
RCIA: Karen Howells, Margarita Tapias and Landon Dolanz
Hampers Program: Looking for Volunteer
Catholic Women's League: Anna Marinelli and Janet MacPhee
Knights of Columbus: Timothy Dahm
Building Committee: Terry Allen
In-Residence: Rev. Mario Basque, Rev. Wilbert Chin Jon

Lord Jesus,
let my heart never rest until it finds
You, who are its center, its love,
and its happiness.
By the wound in Your heart pardon
the sins that I have committed
whether out of malice or out of evil
desires.
Place my weak heart in your own
divine heart, continually under your
protection and guidance, so that I
may persevere in doing good and
in fleeing evil until my last breath.
Amen.

St. Margaret Mary Alacoque

FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

**Together IN
ACTION**



Annual Bishop's Appeal

Formed.org, which some describe as the Catholic Netflix, is available for your use. The parish provides this service for you for free so you can stream Catholic content anytime, anywhere! Sign up by going to www.formed.org and entering our parish, Sacred Heart, Calgary, AB to get access!

**\$34,384 of 2023
Target \$42,268**

As of October 26th: Thanks to our parishioners for their generosity. You can read more about Together in Action on the diocesan website:

<https://www.catholiccyc.ca/tia>

Financial Update

Thank you for your generosity and support for our parish.

Please email
communications@sacredheartcalgary.ca
with any questions.

	As of Oct. 31st, 2023	Budget
Regular Collection	\$404,162	\$504,167
Outreach	\$21,825	\$23,333
Building Fund	\$52,793	\$58,333



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