

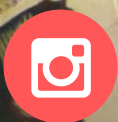


SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

THE BULLETIN

SEPTEMBER 2023



Follow us!

@sacredheartcalgary

Mass Times

Saturday: 9:00 am, 5:00 pm

Sunday: 7:30 am, 9:00 am,
11:00 am, 5:00 pm

Mon to Fri: 12:05 pm

Reconciliation

Saturday: 4:00 pm

Tuesdays, Thursdays and

Fridays at 11:15 AM

And by appointment

Adoration

Friday: 12:45 pm

Incense is used.

Pastor: Fr. Arjay Abanto

Administrative Assistant: Beata Banka

Columbarium Manager, Sacraments &

Volunteer Coordinator: Ingrid Trewin

Technology & Communications: Tim Dahm

Housekeeper: Janette Ramirez

Weekend Security and Hospitality Desk:

Juan Carlo Peregrina

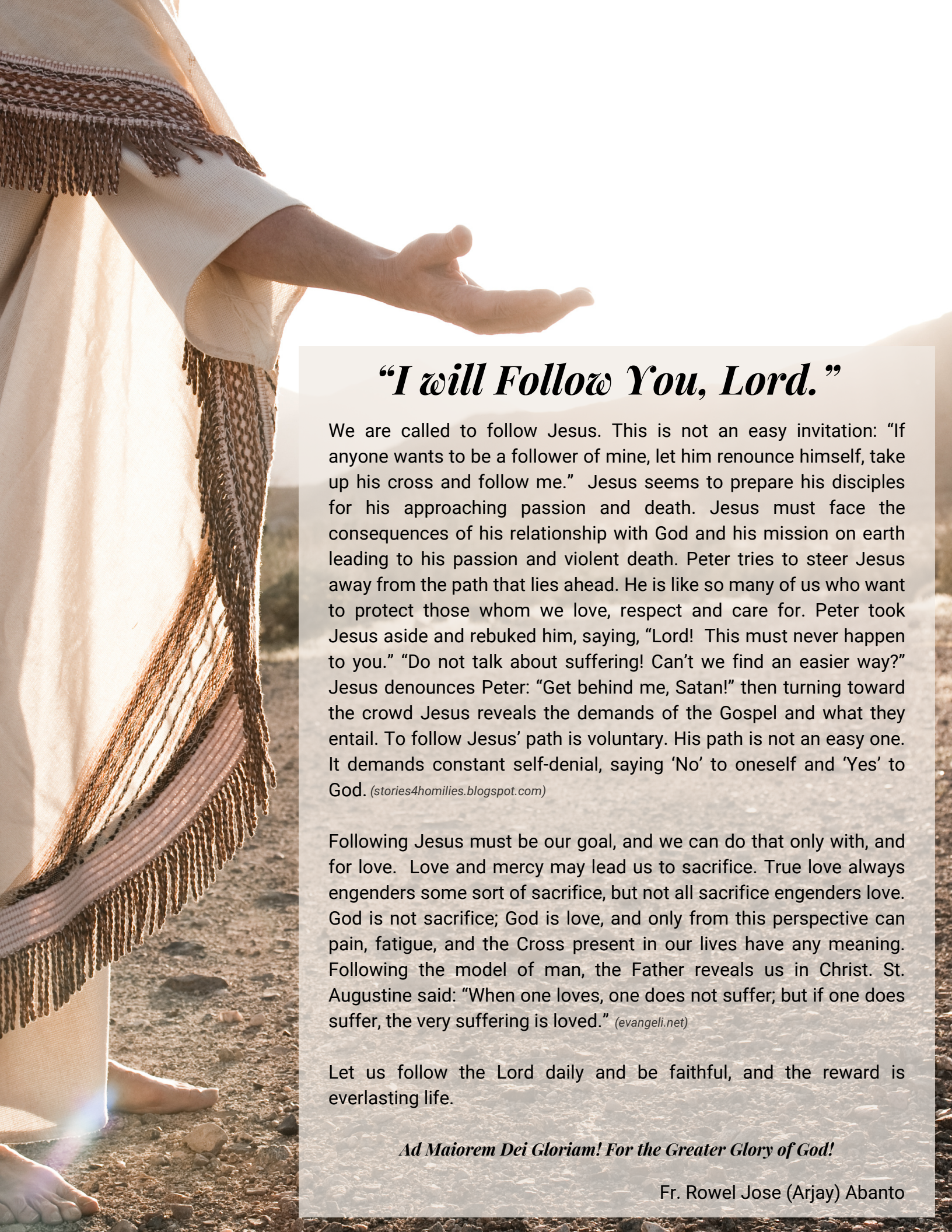
Parish Office

Mon to Fri: 9:00 a.m. - 3:00 p.m.

1307 14 St SW Calgary AB T3C 1C6

403-244-2741 ext. 101

secretaries@sacredheartcalgary.ca



“I will Follow You, Lord.”

We are called to follow Jesus. This is not an easy invitation: “If anyone wants to be a follower of mine, let him renounce himself, take up his cross and follow me.” Jesus seems to prepare his disciples for his approaching passion and death. Jesus must face the consequences of his relationship with God and his mission on earth leading to his passion and violent death. Peter tries to steer Jesus away from the path that lies ahead. He is like so many of us who want to protect those whom we love, respect and care for. Peter took Jesus aside and rebuked him, saying, “Lord! This must never happen to you.” “Do not talk about suffering! Can’t we find an easier way?” Jesus denounces Peter: “Get behind me, Satan!” then turning toward the crowd Jesus reveals the demands of the Gospel and what they entail. To follow Jesus’ path is voluntary. His path is not an easy one. It demands constant self-denial, saying ‘No’ to oneself and ‘Yes’ to God. (*stories4homilies.blogspot.com*)

Following Jesus must be our goal, and we can do that only with, and for love. Love and mercy may lead us to sacrifice. True love always engenders some sort of sacrifice, but not all sacrifice engenders love. God is not sacrifice; God is love, and only from this perspective can pain, fatigue, and the Cross present in our lives have any meaning. Following the model of man, the Father reveals us in Christ. St. Augustine said: “When one loves, one does not suffer; but if one does suffer, the very suffering is loved.” (*evangelii.net*)

Let us follow the Lord daily and be faithful, and the reward is everlasting life.

Ad Maiorem Dei Gloriam! For the Greater Glory of God!

Fr. Rowel Jose (Arjay) Abanto



PARISH BBQ

SATURDAY, SEPTEMBER 23, 2023
AFTER 5 PM MASS



ALL ARE INVITED



Sponsored by Sacred Heart CWL and Knights of Columbus



Please join us for the Installation Mass of
Father Arjay as the
Pastor of Sacred Heart Church.

To be presided by
The Most Reverend William T. McGrattan,
Bishop of the Diocese of Calgary.

Sunday, September 10th, 2023
11:00 AM Mass

Reception to follow in the Upper Hall

You are all invited.



CWL MEETING

All ladies over 16 yrs of age are cordially invited to our first meeting of the Catholic Women's League after the summer break on Sunday September 17, 2023 at 12 noon downstairs in Housey Hall.

You do not need to be a CWL member to attend. A couple items on the Agenda will be the Church Barbecue on Sept 23rd and the Eucharistic Miracle of the World exhibit displayed at SHC Sept 28 – Oct 1. Hope to see you there.

For further information, please contact
Anna at 587-892-2713.



FIRST RECONCILIATION & HOLY COMMUNION

REGISTRATION CLOSES OCTOBER 13TH 2023

Thank you for your interest in our Sacramental preparation Programs at Sacred Heart. Please note that your Son or Daughter needs to have valid proof of Baptism to be accepted. There is also a \$25 fee for each of the books your son/daughter will be using. (Total of \$50 for both sacraments.) Books and payment can be picked up or made at the office. The deadline the register is October 13th 2023. Note: to receive Holy Communion, your son/daughter will need to complete their First Reconciliation!

FIRST RECONCILIATION (SATURDAYS @10:30AM TO 12PM)

- **Parents' Information Session: Sunday, September 24th, 2023 @ noon (after 11am mass)**
- Session 1: Saturday, October 21st, 2023 @ 10:30am to noon
- Session 2: Saturday, November 4th, 2023 @ 10:30am to noon
- Session 3: Saturday, November 18th, 2023 @ 10:30am to noon
- Session 4: Saturday, December 2nd, 2023 @ 10:30am to noon
- Retreat: Saturday, December 16th, 2023 @ 10:30am to 12:30pm
- **Celebration: Sunday, December 17th, 2023 @12pm (after 11am mass)**

FIRST COMMUNION (SATURDAYS @10:30AM TO 12PM)

- Session 1: Saturday, February 10th, 2024 @10:30am to noon
- Session 2: Saturday, February 24th, 2024 @10:30am to noon
- Session 3: Saturday, March 9th, 2024 @10:30am to noon
- Session 4: Saturday, April 13th, 2024 @10:30am to noon
- Retreat: Saturday, April 27th, 2024 @10:30am to noon
- **Celebration: Sunday, May 5th, 2024 @11am Mass**

For any questions, please contact Ingrid at sacraments@sacredheartcalgary.ca or phone 403-244-2741 ext. 108.

Visit our site for more detailed information and to register!



[www.sacredheartcalgary.ca/
sacraments/reconciliation/](http://www.sacredheartcalgary.ca/sacraments/reconciliation/)



International Exhibition **THE EUCHARISTIC MIRACLES OF THE WORLD**

Designed and created by the Servant of God *Carlo Acutis*



Sacred Heart Catholic Church

Sept 28th - 10:30AM-1:30PM; 4PM-6PM

Sept 29th - 10:30AM-1:30PM; 4PM-6PM

Sept. 30th - 10AM- 6PM

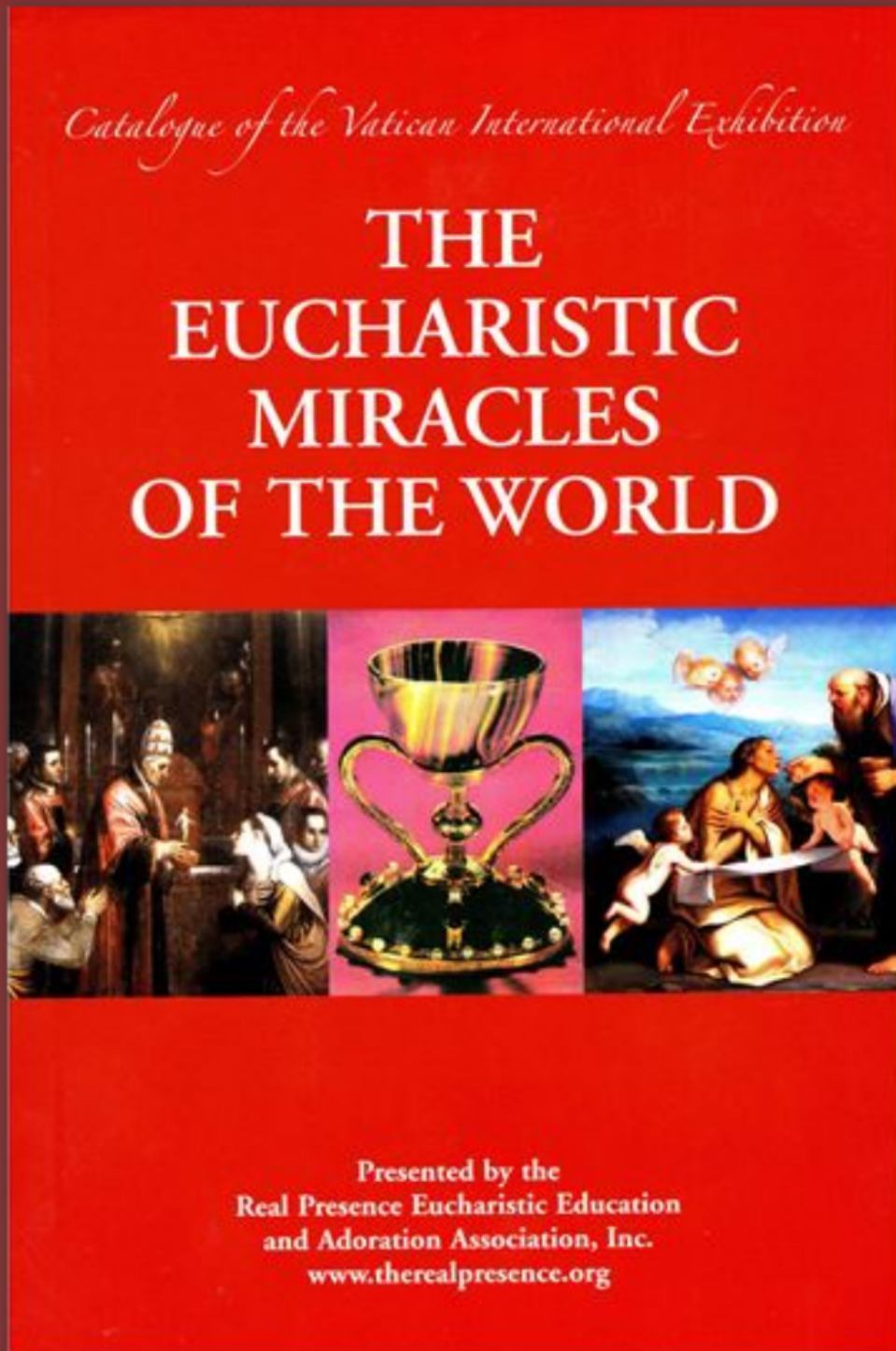
Oct. 1st - 8:30AM - 6:30PM

Seeking Volunteers



Scan the QR Code to learn more and volunteer

Available Now



Purchase your copy of The Eucharistic Miracles of the World
From the Sacred Heart Parish Office.

Cost: \$60



Kathawa family update

The committee for our refugee family reports that the Kathawa family is settling into the community very well. Milad, Noah and Maryam all have found employment and are taking classes to improve their English skills. Mom (Rana) and Dad (Waad) are also learning English through the Catholic Immigration Society. At a recent BBQ get-together, both Mom and Dad were pleased to be using English words.

A shortfall has been discovered in our budget. Hopefully as a congregation, we can eliminate the deficit with an appeal for small donations. Please help the family get a good start in Calgary - if you can find it in your budget, please mark your donation envelope for the refugee family to help us to reach our goal in supporting them to the end of January 2024.

Yours in Christ

Stephen Sheridan



LIVE  THE FAITH

Know, Love and Defend the Catholic Faith

Session 1: The Church is Our Home

September 2, 2023 Saturday

Session 2: The Catholic Lifestyle

September 9, 2023 Saturday

Session 3: The Great Banquet

September 16, 2023 Saturday

Time: 10:00 AM - 12:00 PM

Venue: Housey Hall - Sacred Heart Parish

Everyone is invited to this Free Formation Session.

Please confirm your attendance via email:

lcsc.mission@gmail.com



SACRED HEART CHURCH

WANT TO VOLUNTEER?

YOUR CHURCH
NEEDS YOU!

The Diocese has updated its requirements.
Find updated information here:

www.sacredheartcalgary.ca/ministries

THE PROCESS

INTENT

Indicate your intent to serve.
Email Kathryn for more info
and to get the process started.

TRAINING

Once you complete the forms,
you can get started in training.
Thanks for your patience!



PRAY

Discern and pray what ministry
you would like to volunteer and
use your gifts for.



FORMS

Do your due diligence in
completing the forms and
getting them submitted.



SUCCESS

Thank you for volunteering
your time and gifts as a
member of the Church!



JOURNEYING TOGETHER

HOPE AND HEALING
FOR THOSE GRIEVING
A MISCARRIAGE OR
STILLBIRTH

Join us for a transformative workshop designed for those navigating the grief of miscarriage. Connect with others who understand your pain, share your experience in a safe and compassionate environment, and learn coping strategies from professionals and peers who had gone through this journey.

Keynote speakers: Eunice Peterson R. Psych. and Fr. Michael Bombak, and other expert speakers in their field.

**FRI/SAT
OCTOBER
13-14, 2023**

Ascension Catholic Parish
1100 Berkshire Blvd NW,
Calgary, AB

Register at
[miscarriageliturgy.ca/
workshop](https://miscarriageliturgy.ca/workshop)



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[MISCARRIAGELITURGY.CA/
WORKSHOP](https://MISCARRIAGELITURGY.CA/WORKSHOP)

Ministry Leaders

Pastoral Council: Tom Cotter
Finance Council: Mike Walsh
Pastoral Health Care: Tom Shannon
Lectors: Kevin McCormack
Weekday Liturgy: Addie Dedio
Hospitality: Looking for Volunteer
Extraordinary Ministers: Looking for Volunteers
Altar Servers: Karissa Factura
RCIA: Karen Howells, Margarita Tapias and Landon Dolanz
Hampers Program: Chinelo Nwobi and Mike Walsh
Catholic Women's League: Anna Marinelli and Janet MacPhee
Knights of Columbus: Tim Dahm
Building Committee: Terry Allen
In-Residence: Rev. Mario Basque, Rev. Wilbert Chin Jon

FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

Together IN ACTION



Annual Bishop's Appeal

Financial Update

Thank you for your generosity and support for our parish.

Please email
communications@sacredheartcalgary.ca
with any questions.

*We stand before You, Holy Spirit,
as we gather together in Your name.*

*With You alone to guide us,
make Yourself at home in our hearts;*

*Teach us the way we must go
and how we are to pursue it.*

*We are weak and sinful;
do not let us promote disorder.*

*Do not let ignorance lead us down the wrong path
nor partiality influence our actions.*

*Let us find in You our unity
so that we may journey together to eternal life
and not stray from the way of truth
and what is right.*

*All this we ask of You,
who are at work in every place and time,
in the communion of the Father and the Son,
forever and ever.*

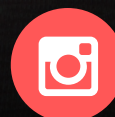
Amen.

Formed.org, which some describe as the Catholic Netflix, is available for your use. The parish provides this service for you for free so you can stream Catholic content anytime, anywhere! Sign up by going to www.formed.org and entering our parish, Sacred Heart, Calgary, AB to get access!

**\$22,852 of 2023
Target \$42,268**

As of May 31: Thank you to our parishioners for their generosity. You can read more about Together in Action on the diocesan website: <https://www.catholiccyc.ca/tia>

	As of August 31, 2023	Budget
Regular Collection	\$315,758	\$605,000
Outreach	\$18,056	\$28,000
Building Fund	\$43,182	\$70,000



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