



SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

THE BULLETIN

OCTOBER 2023



Follow us!

@sacredheartcalgary

Mass Times

Saturday: 9:00 am, 5:00 pm

**Sunday: 7:30 am, 9:00 am,
11:00 am, 5:00 pm**

Mon to Fri: 12:05 pm

Reconciliation

Saturday: 4:00 pm

Tuesdays, Thursdays and

Fridays at 11:15 AM

And by appointment

Adoration

Friday: 12:45 pm

Incense is used.

Pastor: Fr. Arjay Abanto

Administrative Assistant: Beata Banka

Columbarium Manager, Sacraments &

Volunteer Coordinator: Ingrid Trewin

Technology & Communications: Tim Dahm

Housekeeper: Janette Ramirez

Weekend Security and Hospitality Desk:

Juan Carlo Peregrina

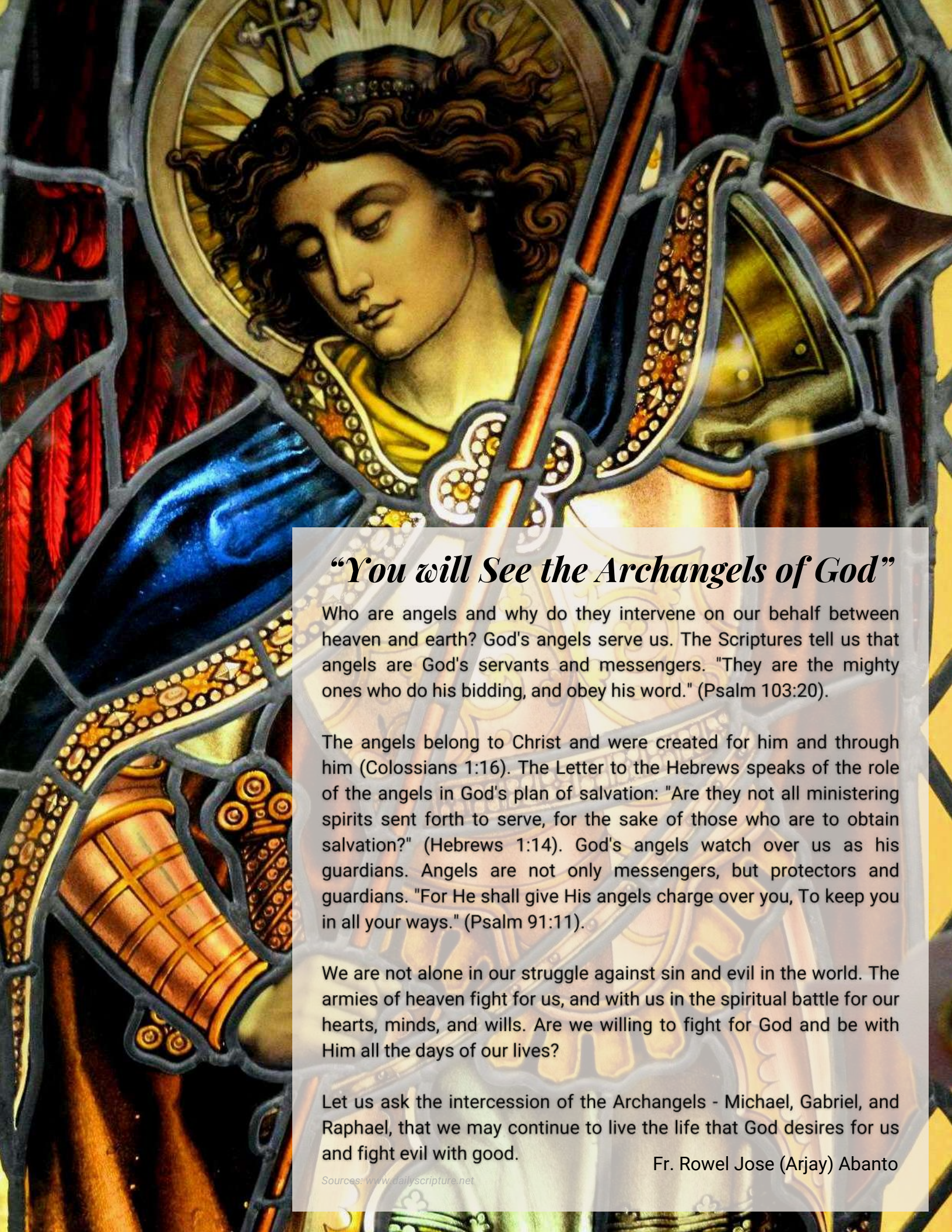
Parish Office

Mon to Fri: 9:00 a.m. - 3:00 p.m.

1307 14 St SW Calgary AB T3C 1C6

403-244-2741 ext. 101

secretaries@sacredheartcalgary.ca



“You will See the Archangels of God”

Who are angels and why do they intervene on our behalf between heaven and earth? God's angels serve us. The Scriptures tell us that angels are God's servants and messengers. "They are the mighty ones who do his bidding, and obey his word." (Psalm 103:20).

The angels belong to Christ and were created for him and through him (Colossians 1:16). The Letter to the Hebrews speaks of the role of the angels in God's plan of salvation: "Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?" (Hebrews 1:14). God's angels watch over us as his guardians. Angels are not only messengers, but protectors and guardians. "For He shall give His angels charge over you, To keep you in all your ways." (Psalm 91:11).

We are not alone in our struggle against sin and evil in the world. The armies of heaven fight for us, and with us in the spiritual battle for our hearts, minds, and wills. Are we willing to fight for God and be with Him all the days of our lives?

Let us ask the intercession of the Archangels - Michael, Gabriel, and Raphael, that we may continue to live the life that God desires for us and fight evil with good.

Fr. Rowel Jose (Arjay) Abanto



FIRST RECONCILIATION & HOLY COMMUNION

REGISTRATION CLOSES OCTOBER 13TH 2023

Thank you for your interest in our Sacramental preparation Programs at Sacred Heart. Please note that your Son or Daughter needs to have valid proof of Baptism to be accepted. There is also a \$25 fee for each of the books your son/daughter will be using. (Total of \$50 for both sacraments.) Books and payment can be picked up or made at the office. The deadline the register is October 13th 2023. Note: to receive Holy Communion, your son/daughter will need to complete their First Reconciliation!

FIRST RECONCILIATION (SATURDAYS @10:30AM TO 12PM)

- **Parents' Information Session: Sunday, September 24th, 2023 @ noon (after 11am mass)**
- Session 1: Saturday, October 21st, 2023 @ 10:30am to noon
- Session 2: Saturday, November 4th, 2023 @ 10:30am to noon
- Session 3: Saturday, November 18th, 2023 @ 10:30am to noon
- Session 4: Saturday, December 2nd, 2023 @ 10:30am to noon
- Retreat: Saturday, December 16th, 2023 @ 10:30am to 12:30pm
- **Celebration: Sunday, December 17th, 2023 @12pm (after 11am mass)**

FIRST COMMUNION (SATURDAYS @10:30AM TO 12PM)

- Session 1: Saturday, February 10th, 2024 @10:30am to noon
- Session 2: Saturday, February 24th, 2024 @10:30am to noon
- Session 3: Saturday, March 9th, 2024 @10:30am to noon
- Session 4: Saturday, April 13th, 2024 @10:30am to noon
- Retreat: Saturday, April 27th, 2024 @10:30am to noon
- **Celebration: Sunday, May 5th, 2024 @11am Mass**

For any questions, please contact Ingrid at sacraments@sacredheartcalgary.ca or phone 403-244-2741 ext. 108.

Visit our site for more detailed information and to register!



[www.sacredheartcalgary.ca/
sacraments/reconciliation/](http://www.sacredheartcalgary.ca/sacraments/reconciliation/)



Installation of Father Arjay as Pastor of Sacred Heart



Father Fr. Rowel Jose (Arjay) Abanto was installed as Pastor of Sacred Heart Parish September 10th, 2023 during 11:00 AM Mass. Mass was celebrated by the Most Reverend Bishop William McGrattan. The joyful event was well attended, and was followed by a reception hosted by the CWL and the Knights of Columbus.

"Thanks to the Most Reverend Bishop McGratten, and all those involved in planning the celebration and reception afterwards."

Fr. Arjay Abanto.





SACRED HEART
ROMAN CATHOLIC CHURCH | CALGARY



Chat and Play

All moms/aunties/care-givers/gradmas/babysitters and their kids are super welcome to join us, on Wednesdays, starting September 27th, 2023, from 9:30-11:00 am in the lower hall of the parish.

Doors to the Church open at 9:00 am

Take the elevator down from the entrance in the Narthex and join us for coffee snacks, chat, prayer, faith-building, friendship, and fun!

Activities such as music, art, and games, for the under-5 crowd are included.

Come join us and bring a friend!

Contact Sue at 403-966-4625 for more information.



MFC
Invites you to a

CHRISTIAN LIFE SEMINAR

Saturdays: 6:00 PM - 9:30 PM Sacred Heart Parish

- Session 1 - October 7, 2023**
- Session 2 - October 14, 2023**
- Session 3 - October 21, 2023**
- Session 4 - October 28, 2023**
- Session 5 - November 4, 2023**
- Session 6 - November 11, 2023**



Missionary Families of Christ

Defending Faith, Family & Life

Register using this link: <https://forms.gle/AnrkW1pxtbnE3Cx6>

Ministry Leaders

Pastoral Council: Tom Cotter
Finance Council: Mike Walsh
Pastoral Health Care: Tom Shannon
Lectors: Kevin McCormack
Weekday Liturgy: Addie Dedio
Hospitality: Looking for Volunteer
Extraordinary Ministers: Looking for Volunteers
Altar Servers: Karissa Factura
RCIA: Karen Howells, Margarita Tapias and Landon Dolanz
Hampers Program: Chinelo Nwobi and Mike Walsh
Catholic Women's League: Anna Marinelli and Janet MacPhee
Knights of Columbus: Tim Dahm
Building Committee: Terry Allen
In-Residence: Rev. Mario Basque, Rev. Wilbert Chin Jon

*We stand before You, Holy Spirit,
as we gather together in Your name.*

*With You alone to guide us,
make Yourself at home in our hearts;*

*Teach us the way we must go
and how we are to pursue it.*

*We are weak and sinful;
do not let us promote disorder.*

*Do not let ignorance lead us down the wrong path
nor partiality influence our actions.*

*Let us find in You our unity
so that we may journey together to eternal life
and not stray from the way of truth
and what is right.*

*All this we ask of You,
who are at work in every place and time,
in the communion of the Father and the Son,
forever and ever.*

Amen.

FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

**Together IN
ACTION**



Annual Bishop's Appeal

Formed.org, which some describe as the Catholic Netflix, is available for your use. The parish provides this service for you for free so you can stream Catholic content anytime, anywhere! Sign up by going to www.formed.org and entering our parish, Sacred Heart, Calgary, AB to get access!

**\$33,568 of 2023
Target \$42,268**

As of May 31: Thank you to our parishioners for their generosity. You can read more about Together in Action on the diocesan website: <https://www.catholiccyc.ca/tia>

Financial Update

Thank you for your generosity and support for our parish.

Please email
communications@sacredheartcalgary.ca
with any questions.

	As of Sept. 30, 2023	Budget
Regular Collection	\$361,097	\$403,333
Outreach	\$19,562	\$21,000
Building Fund	\$47,463	\$52,500



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