



# SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

## THE BULLETIN



*Follow us!*

@sacredheartcalgary

MARCH 2023

### *Mass Times*

Saturday: 9:00 am, 5:00 pm

Sunday: 7:30 am, 9:00 am,  
11:00 am, 5:00 pm

Mon to Fri: 12:05 pm

### *Reconciliation*

Saturday: 4:00 pm

Tuesday: 11:15 am

Thurs to Fri: 11:15 am

Also available upon request.

### *Adoration*

Friday: 12:45 pm

Incense is used.

### *Parish Office*

Mon to Fri: 9:00 a.m. - 3:00 p.m.

1307 14 St SW Calgary AB T3C 1C6

403-244-2741 ext. 101

[secretaries@sacredheartcalgary.ca](mailto:secretaries@sacredheartcalgary.ca)

Administrator Pastor: Fr. Arjay Abanto  
Secretary: Beata Banka  
Office Manager: Kathryn Nguyen  
Columbarium Manager/Sacraments  
Coordinator: Ingrid Trewin  
Housekeeper: Janette Ramirez



## *“It is Wonderful to be with Jesus Christ.”*

During this Season of Lent, we are invited to examine our lives in the context of our Christian faith and the teachings of Christ's Church. We are fostered to repent of our sins, past and present, and to do penance for them so that we can renew our relationship with Christ. We commemorate the passion, death and resurrection of Christ and celebrate the everlasting life He shares with us at Easter, the feast of all feasts. Hence, Lent is characterised by prayer, fasting and penance.

During the Transfiguration, Peter, James, and John were privileged witnesses of the glory of Christ. We, too, as faithful disciples of our Lord Jesus Christ are called to be witnesses of His glory. “The Lord Jesus not only wants us to see his glory - he wants to share this glory with us. And Jesus shows us the way to the Father's glory – ‘follow me - obey my words. Take the path I have chosen for you, and you will receive the blessing of my Father's kingdom - your name, too, will be written in heaven.’

Jesus fulfilled his mission on Calvary where he died for our sins so that Paradise and everlasting life would be restored to us. He embraced the cross to win a crown of glory - a crown that awaits each one of us, if we, too, will follow in his footsteps.”

[www.dailyscripture.net](http://www.dailyscripture.net)

I thank all the ministries and organizations who participated in our Ministries Fair and to all who signed up. We need you! Also, I would like invite you to participate in all our activities here in Sacred Heart Church. We offer you reflections and deepening of faith through Lenten Mission Outbound: Five Keys to Setting Us Free from the Evil (March 3 and 10), virtual Life in Christ Seminar begins March 4 (to receive the link: [lcsc.mission@gmail.com](mailto:lcsc.mission@gmail.com)) spiritual renewal through the Sacrament of Reconciliation, and devotional through the Station of Cross all Fridays of Lent at 7pm and Holy Week Missions (April 6-9). Let us offer all our days of Lent for Christ to be with Him in His passion and death so that we can be with Him in His resurrection. May the Lord bless all of you this Season of Lent, the season of love, forgiveness, and mercy.

Ad Maiorem Dei Gloriam! For the Greater Glory of God!

*Fr. Rowel Jose (Arjay) Abanto*



# *Holy Week Masses*

## **PALM SUNDAY**

Saturday, April 1st at 5 pm  
Sunday, April 2nd at 7:30  
am, 9 am, 11 am, and 5 pm

## **HOLY MONDAY**

Chrism Mass @ St. Mary's  
Cathedral April 3rd 7 pm  
(NO Noon Mass @ Sacred  
Heart)

## **HOLY THURSDAY**

Thursday, April 6th at 7 pm  
Altar of Repose Vigil at 8 pm  
(NO Noon Mass)

## **GOOD FRIDAY**

Passion of the Lord  
Friday, April 7th at 3 pm  
(NO Noon Mass)

## **EASTER VIGIL**

Saturday, April 8th at 8 pm



## **EASTER SUNDAY**

Sunday, April 9th at 9 am,  
11 am, 5 pm (NO 7:30 am)

## **EASTER MONDAY**

Monday, April 10th  
Church, Columbarium, and  
Parish Office will be closed.  
We will reopen on Tuesday,  
April 11th at 9 am.

## **STATIONS OF THE CROSS**

Join us Fridays during Lent from  
February 24th to March 31st  
7 pm in the Church

Special Lenten Mission Talk given by  
Peter Thompson on March 3rd and 10th  
following the Stations.







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**St. James  
Okotoks**

# CALLING ALL YOUNG ADULTS AND YOUTH HOLY WEEK MISSION

## APRIL 6TH TO 9TH 2023

Calling All Families with Young Children! Family Holy Week Missions are coming to Sacred Heart Parish April 6th to 9th, 2023. Experience Holy Week with your family in a whole new way. Outdoor Stations of the Cross, visiting those in long term care, talks from priests and so much more. More information will be coming soon. Watch for registration details on the Parish Website and in the bulletin starting on Ash Wednesday.



**REFUGEE  
FAMILY**

The Kathawa's have been settling in well, thanks to the help of our Refugee Family Committee. Pictured is their first meet and greet at their apartment. They have been working hard on becoming independent the following year and will soon start working jobs. Please welcome them to the Church if you see them!

Special Thanks for Stephen Sheridan and all volunteers for their hard work and dedication to ensuring the family has a smooth transition. If you would like to donate to the family for their first year here, please make a donation to Sacred Heart Church category Refugee Family. You will get a tax receipt.





## THE RITE OF ELECTION

The Rite of Election was celebrated by Bishop McGrattan at the Cathedral on the 1st Sunday of Lent. Dozens of Catechumens from parishes throughout the Diocese joined together with their Godparents and Catechists for this joyous annual celebration. Ahmed, James and Reed declared their desire to be baptized, and signed their names into Sacred Heart's Book of the Elect. Bishop McGrattan invited the Elect to celebrate their Sacraments of Initiation at their parishes this coming Easter Vigil. Please pray for Ahmed, James and Reed and for all the Elect in our Diocese and throughout the world. Please also pray for our candidates who are baptized Christians preparing to be received into full communion with the Catholic Church.



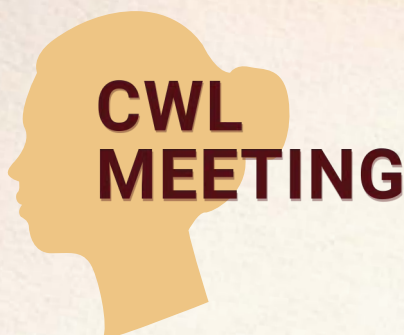
## Catholic CONVERSATIONS

*If you are interested in continuing to grow in our faith let's journey together.*

**Save the Date: Monday evening March 13th, 20th and 27th 7:00pm to 8:00pm!**

Catholic Conversations will be starting on March 13th 7:00pm-8:00pm via Zoom. This month we will be having weekly Conversations on Lent, Confession and Making Amends. All are welcome and we would love to have you join us!

Please email Heather Clark [hhad@shaw.ca](mailto:hhad@shaw.ca) to confirm attendance. You will receive further communications to the Zoom sign in information.



Welcome one and all to the next CWL Meeting on Sunday, March 26 @ 12 pm in the upper hall. All ladies over 16 yrs of age are welcome. A couple of items on the Agenda are the Spring Bake Sale, in support of Sacred Heart School, in April and The Spring Tea in May. Remember you do not have to be a member to attend. For further information, please contact Anna @ 587-892-2713.





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# FLOWER *fundraiser*

**MARCH 25-26    APRIL 15-16**

**ALL PROFITS WILL GO TOWARDS  
SUPPORTING RCIA OUTREACH!**

<b>11" Hanging Basket Deluxe</b>	<b>\$25</b>
<b>13" Planter Deluxe</b>	<b>\$35</b>
<b>14" Hanging Basket Deluxe</b>	<b>\$40</b>
<b>15" Planter Deluxe</b>	<b>\$45</b>
<b>18" Planter Deluxe</b>	<b>\$55</b>

**GST is already included.**

**Pick up date and location:  
Tuesday, May 9th 3:30pm - 6:30pm  
Sacred Heart Parish Parking Lot**

**Orders & Payment are required upon  
purchase. Cash or Cheque Only: Please  
make cheque payable to: Sacred Heart  
Parish (note: Flower Fundraiser)**

***No line ups, guaranteed product, excellent  
quality flower arrangements, and you will  
be supporting our RCIA Ministry! Perfect for  
Mother's Day (May 8th) too!***



MFC CALGARY Invites you to

COME,  
FOLLOW ME

# LIFE *in* CHRIST

## SEMINAR

A VIRTUAL EXPERIENCE

**Zoom Details: Meeting ID: 864 2681 8683 Passcode: 380697**

**A Lenten Retreat : Life in Christ Seminar**

**8:00 PM Calgary Time**

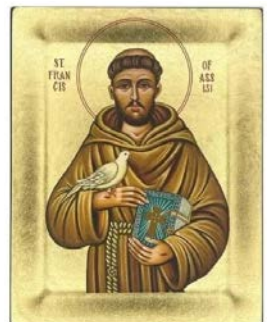
**March 4, 11, 18, 25, April 1, 2023**

The  
**Art of the Icon**

**Pop-up Shop in the Narthex on  
April 1-2 after all Sunday Masses!**

The Art of the Icon is a company that's dedicated to providing high-quality iconography to customers. Their products are all crafted to the highest standards and follow the traditions and authenticity requirements of true iconography, so you'll never find false Christian Icons or paintings here. Instead, you'll find beautiful, hand-crafted products that are perfect for your faith or for gifting to the religious loved ones in your life.

<https://theartoftheicon.com>





## Ministry Leaders

Pastoral Council: Tom Cotter

Finance Council: Mike Walsh

Pastoral Health Care: Tom Shannon

Lectors: Kevin McCormack

Weekday Liturgy: Addie Dedio

Hospitality: Looking for Volunteer

Extraordinary Ministers: Looking for Volunteers

Altar Servers: Karissa Factura

RCIA: Karen Howells/Kent Wang

Society of St. Vincent de Paul:

Jennifer Y., Mike Walsh

Catholic Women's League: Anna

Marinelli/Janet MacPhee

Knights of Columbus: Tim Cornish

Building Committee: Terry Allen

In-Residence: Rev. Mario Basque,  
Rev. Wilbert Chin Jon

*For the Son of  
Man came to  
seek out and to  
save the Lost.*

Luke 19:10

**FORMED.org**

THE CATHOLIC FAITH.  
ON DEMAND.

**Together IN  
ACTION**  
*Annual Bishop's Appeal*

Formed.org, which some describe as the Catholic Netflix, is available for your use. The parish provides this service for you for free so you can stream Catholic content anytime, anywhere! Sign up by going to [www.formed.org](http://www.formed.org) and entering our parish, Sacred Heart, Calgary, AB to get access!

**2022 Target**  
**\$ 42,268**

Thank you to our parishioners for their generosity. You can read more about Together in Action on the diocesan website: <https://www.catholiccyc.ca/tia>

## Financial Update

Thank you for your generosity and support for our parish during these times. Please email [busmgr@sacredheartcalgary.ca](mailto:busmgr@sacredheartcalgary.ca) for any questions.

As of Jan. 31, 2023	Budget (where we want to be at)	Where we stand currently
Regular Collection	\$50,417	\$39,411
Outreach	\$2,333	\$2,509
Building Fund	\$5,833	\$5,266



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