



SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

THE BULLETIN



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@sacredheartcalgary

ADVENT 2022

Mass Times

Saturday: 9:00 am, 5:00 pm

Sunday: 7:30 am, 9:00 am,
11:00 am, 5:00 pm

Mon to Fri: 12:05 pm

Reconciliation

Saturday: 4:00 pm

Tuesday: 11:15 am

Thurs to Fri: 11:15 am

Also available upon request.

Adoration

Friday: 12:45 pm

Incense is used.



Administrator Pastor: Fr. Arjay Abanto
Secretary: Beata Banka
Office Manager/Sacraments:
Kathryn Nguyen
Columbarium Manager: Ingrid Trewin
Housekeeper: Janette Ramirez

Parish Office

Mon to Fri: 9:00 am to 3:00 pm

1307 14 St SW Calgary AB T3C 1C6

403-244-2741 ext. 101

secretaries@sacredheartcalgary.ca

CHRISTMAS & NEW YEAR

Mass and Office Schedule

**23rd - office is closed, church remains open
and there is regular noon Mass**

24th - 9 am Saturday Mass, 7 pm, 10 pm, midnight

25th - 7:30 am, 9 am, 11 am (There is no 5 pm Mass)

26th - the office, church, and columbarium are closed

**27th - office is closed, church remains open
and there is regular noon Mass**

31st - 9 am Saturday Mass , 5 pm

1st - 7:30 am, 9 am, 11 am, 5 pm

2nd - the office, church, and columbarium are closed

Note: In 2023, the Church and Columbarium will no longer
be open on Statutory Holidays.



Let us all be closer to Jesus

FR. ROWEL JOSE (ARJAY) ABANTO

There are three important liturgical celebrations for the month of November: commemoration of all saints and souls, Christ the King, and the First Sunday of Advent. These three focus on one direction – Jesus Christ, the Savior. When we remember our saints and our brothers and sisters who passed away, they have only one goal, that is, to be with Jesus Christ. Some of them were already in heaven, and others are waiting to be with Him. While the Season of Advent is the anticipation of the coming of the Messiah and the memorial of His birth in the manger born of the Blessed Virgin Mary, the co-redemptrix (a co-operator with Christ in the work of human redemption).

We prepare in all these celebrations as we make our own way of being with Christ. Like the saints, we want to be with Jesus, our Savior. We pray for our beloved dead as a way of anticipating their union with Christ which at the end it benefits us because they will intercede for us when they reach heaven. We pray for them because we love them, and we love the Lord who will welcome them in His Kingdom.

According to Pope Francis on the Solemnity of Our Lord Jesus Christ, the King of the Universe: "Jesus came not to dominate, but to serve others. And Christians are called to do the same, seeking the truth of Jesus' boundless love who frees us from our weaknesses." www.vaticannews.va We are called to make Christ known to others and make Him, the center, and the King of our lives. As He is our King, we are called to obey, imitate, and live His life. As His subjects, we need to listen and follow Him with all our hearts, with all our minds, and with all our souls.

The Season of Advent reminds us to be vigilant, watchful, and awake for the coming of the great gift of God the Father – His Only Begotten Son, the Savior born in the manger, a sign of humility and submission to the will of the Father. My sisters and brothers, "the gospel readings for Advent each year invite us to meditate on the mystery of waiting, and they do it by presenting us with stories of great people who knew how to wait. On the first Sunday, Jesus himself is the model as he taught his followers the spirituality of 'waiting in joyful hope'. Advent begins at the end – the promised return of Christ at the end of time. For the faithful disciple, history is a moving forward, a journey to the fulfillment of God's reign when God's Christ will return as Lord of all. We therefore live in a permanent state of Advent: watchfulness, preparation, and perseverance as we await the return of the Holy One who has already come." stories4homilies.blogspot.com May all these celebrations bring us and others closer to Jesus to prepare us in meeting Him face to face in the next life.

Ad Majorem Dei Gloriam. For the Greater Glory of God!

REFUGEE FAMILY *Your Help is Needed*

We have received news that the medicals for the family have now been completed, and this usually means that we can expect the family in 1-2 months. It is time to form a committee. A chair for the committee is needed, along with 5-7 committee members. If you can assist the committee there will be a meeting on

Here are some of the tasks the family will need help with when they arrive:

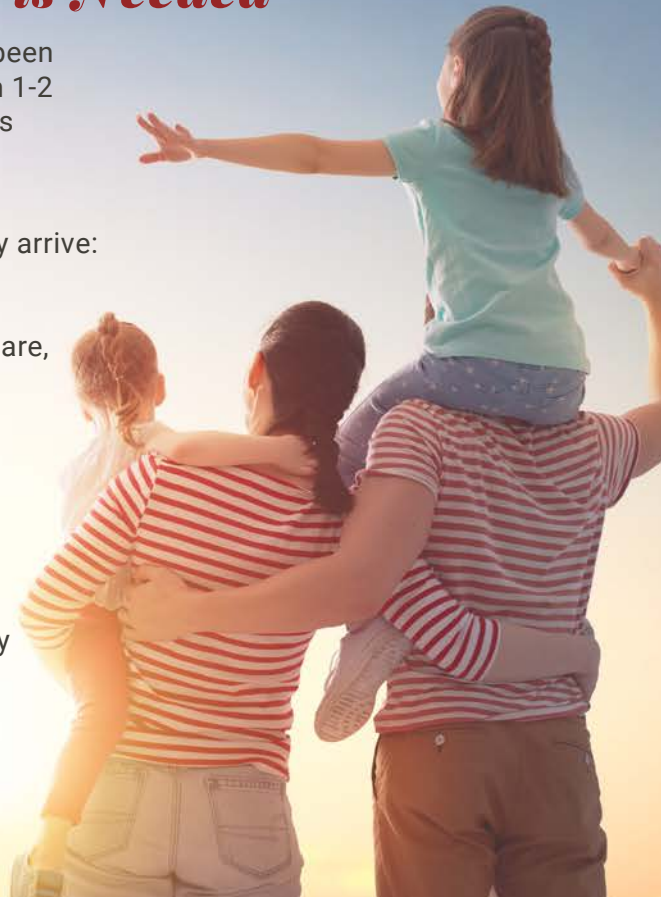
- Helping to look for a three bedroom accommodation
- Setting up apartment
- Paperwork such as Social Insurance numbers, Alberta Health Care,
- English class set up etc
- Hospitality of Greeting the family at airport
- Hospitality on a regular basis meeting with the family
- Help with finances / as per donations
- Drivers to take to appointments
- Jobs/resumes
- Day to day life skills while getting adjusted to Canada

If you think you would like to journey with this lovely Catholic family of five, we could use your help in any way that you can contribute.

Please call or email if you are able to be of assistance to this new family arriving to Sacred Heart Parish.

Anne Curran
an2curran@gmail.com

Mary Ann Donaleshen
403-466-2432



access52

ADVENT MISSION *Tuesday, December 13, 2022*

Join us as Access52 leads us on an Advent Mission. Michael Chiasson will be speaking and there will also be live worship.

**7 pm Sacred Heart Church
December 13, 2022**

Save the Date

WELCOME TO SACRED HEART CHURCH



REGISTRATION WEEKEND DEC. 10-11

sacredheartcalgary.ca/register

Additionally, **Mary's Nook** and Friends (other Catholic Vendors) will be setting up a small Christmas Market in the Narthex!

Help Support Local Catholic Vendors!



Christmas Hampers

DONATE OR VOLUNTEER DECEMBER 17

Hampers have tripled in cost this year.
Donate through envelopes to provide
hampers to 65 families this year.

Please grab a white heart from our Advent
tree and wrap a present for one of the 88
kids. Tape the heart back on and return
these gifts to the office by Dec. 12th so we
can provide them to the families. **Thank you**



PLEASE BEWARE OF SCAMS

There has been an increase in fake emails from priests
around the diocese. Please beware of any links you are
clicking and ensure they are only from our address:
sacredheartcalgary.ca. If you have any suspicions,
please call the office to confirm: 403-244-2741.



Calling all moms and caretakers!

All little kids and their "carers"
(parents or others) are invited to
Sacred Heart Parish Lower Hall
every Wednesday, restarting
January 11th.

Wednesdays from 9 to 11:30 am

Time for a drink, chat, prayer, play,
connection with others.

Bring a friend!

Contact Sue 403-966-4625
for more info or questions.

PRAY EVERYDAY THIS ADVENT WITH HALLOW

free 3-month trial

As you are preparing your homes with decorations and lights, buying gifts for loved ones, going to holiday parties, and more, don't forget to prepare your heart.

Our parish has partnered with Hallow this Advent as a way to intentionally bring God into our hearts through prayer.

Hallow is a Catholic prayer and meditation app with over 5,000 sessions. The content ranges from daily meditations, traditional prayers, Bible stories for sleep, kids and family prayers, mental health meditations, Seasonal music, and so much more.

Sign up today: hallow.com/pray



**30 kids in
our Parish
will have
their first
Confession
this
December.**

Please pray for them
especially as they start
preparing for their First
Eucharist in 2023!

UPCOMING FEAST DAYS

Christmas, Dec. 25

The Christmas season celebrates the mystery of the Incarnation and the manifestation of Jesus Christ to the world: past, present and future. The mystery and feast of Christmas (the Nativity of the Lord) is second only to Easter in the liturgical life of the Church. The Christmas season begins after evening prayer on December 25th and continues through the Baptism of the Lord. The first week of the season is the octave of Christmas which closes on the feast of the Mother of God (Jan 1).

Solemnity of Mary, Jan. 1

We celebrate the Solemnity of Mary, Mother of God, with a feast of the octave of Christmas. This celebrates Mary's Motherhood.

The Holy Family, Dec. 26

This feast day commemorates the life of Jesus, Mary, and Joseph together. It portrays the holy family as "the true model of life." Celebrate with your family and consider praying the Holy Family Novena together in hopes that your family will be guided and faithful.

Epiphany of the Lord, Jan. 2

Epiphany means "manifestation", that moment when we suddenly understand something that previously was hidden from us. Christmas is about the Incarnation, the coming down of the Son of God to become human, one of us. Epiphany is the showing of the Christ Child's divinity, which is beginning to manifest itself in the world.

Ministry Leaders

Pastoral Council: Tom Cotter
Finance Council: Mike Walsh
Pastoral Health Care: Tom Shannon
Lectors: Kevin McCormack
Weekday Liturgy: Addie Dedio
Hospitality: *Looking for Volunteer*
Extraordinary Ministers: *Looking for Volunteers*
Altar Servers: Karissa Factura
RCIA: Karen Howells/Kent Wang
Society of St. Vincent de Paul: Jennifer Y., Mike Walsh
Catholic Women's League: Anna Marinelli/Janet MacPhee
Knights of Columbus: Tim Cornish
Building Committee: Terry Allen
In-Residence: Rev. Mario Basque, Rev. Wilbert Chin Jon

"Advent is the time we are given to welcome the Lord who comes to encounter us, and also to verify our longing for God, to look forward and prepare ourselves for Christ's return."

Pope Francis

FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

Together IN ACTION
Annual Bishop's Appeal

Formed.org, which some describe as the Catholic Netflix, is available for your use. The parish provides this service for you for free so you can stream Catholic content anytime, anywhere! Sign up by going to www.formed.org and entering our parish, Sacred Heart, Calgary, AB to get access!

**\$35,589 of 2022
Target \$42,268**

Thank you to our parishioners for their generosity. You can read more about Together in Action on the diocesan website: <https://www.catholiccyc.ca/tia>

Financial Update

Thank you for your generosity and support for our parish during these times. Please email busmgr@sacredheartcalgary.ca for any questions.

As of Oct. 31, 2022	Budget (where we want to be at)	Where we stand currently
Regular Collection	\$452,500	\$457,275
Outreach	\$23,333	\$20,423
Building Fund	\$54,167	\$50,500



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