



SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

THE BULLETIN



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@sacredheartcalgary

MARCH 2022
SEASON OF LENT

Mass Times

Saturday: 5:00 p.m.

Sunday: 7:30 a.m., 9:00 a.m.,
11:00 a.m., 5:00 p.m.

Monday-Friday: 12:05 p.m.

Reconciliation

Saturday: 4:00 p.m.

Monday to Wednesday: 11:30 a.m.

Friday: 11:30 a.m.

Also available upon request.

Adoration

Friday: 12:45 p.m.

Incense is used.

Stations of the Cross

Fridays 7 p.m. in the Church

Parish Office

Monday-Friday: 9:00 a.m. - 3:00 p.m.

1307 14 St SW Calgary AB T3C 1C6

403-244-2741 ext. 101

secretaries@sacredheartcalgary.ca

"Jesus, meek & humble, strong & forgiving of heart, make our hearts like yours!"

Ash Wednesday marked the beginning of our Sacred Heart Lenten journey: well-attended Masses, big crosses emblazoned across our foreheads, and lots of people coming to clean up their hearts in confession. "Remember that you are dust and to dust you will return," we heard. These words are a powerful way of reminding us that we are pilgrims on this earth, readying our soul for heaven with goodness and virtue.

Speaking of pilgrims... Fr. John Gannon, our Pastor, is praying for all of you as he does his pilgrimage in Spain. He sends his greetings.

In this month of March, I invite you to let God transform your heart, so that you will have a heart like His.

On the first Sunday of Lent, we read of the temptations in the desert. "If you are the son of God," the devil constantly says. Our attitude has to be different! Because we know that Jesus is the son of God, we come before him with trust and simplicity. "Make my heart like yours!"

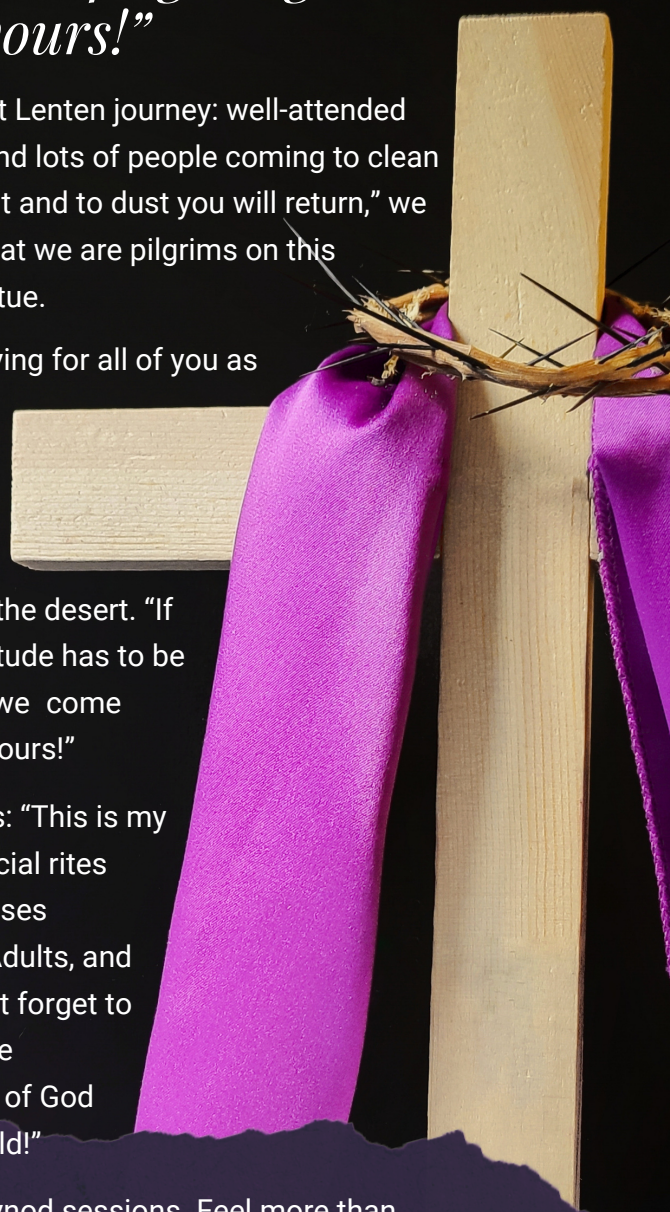
On the second Sunday of Lent, the voice from heaven says: "This is my chosen Son, listen to him". That reminds me of all the special rites linked to RCIA that we will see at some of the Sunday Masses this month. RCIA stands for Rite of Christian Initiation of Adults, and it is the path for those entering the Catholic Church. Do not forget to pray for our brothers and sisters on their way to receive the sacraments this Easter. When they are baptized, the voice of God will ring out for each of them, too: "you are my beloved child!"

From mid-March on, you are invited to participate in the Synod sessions. Feel more than welcome to share your reflections. What does the Holy Spirit invite us do as a Church? Are we the living presence of Jesus Christ for our fellow Calgarians? Are we—both individually and as a community—bearing fruit? On the third Sunday of Lent the person in the Gospel comes to look for fruits on the fig tree, but found none. Jesus wants us to be fruitful! Again, that can only happen if our hearts are ever more like His Sacred Heart.

And then, on the fourth Sunday, we are reminded how empty our hearts become without God, to the point of even wanting to "eat the pods on which the swine fed." It reminds us of the sacrament of Reconciliation. God rejoices when we are full of life. When God forgives us, it fills our hearts with light and grace and peace. In the Sacrament, God transforms us "from within," so that we can truly be strong and meek and noble, like Jesus is.

May God bring peace to our world, and peace to our hearts.

With prayers, Fr. John "JP," associate pastor



Holy Week Masses

PALM SUNDAY

Saturday, April 9th at 5 pm

Sunday, April 10th at 7:30 am, 9 am, 11 am, and 5 pm



HOLY THURSDAY

Thursday, April 14th at 7 pm

GOOD FRIDAY

Passion of the Lord

Friday, April 15th at noon and 3 pm

EASTER VIGIL

Saturday, April 16th at 9 pm

EASTER SUNDAY

Sunday, April 17th at 7:30 am, 9 am, 11 am, 5 pm

EASTER MONDAY

Monday, April 18th

Church, Columbarium, and Parish Office will be closed. We will reopen on Tuesday, April 19th at 9 am.





SACRED HEART
ROMAN CATHOLIC CHURCH | CALGARY



SIGN UP HERE!

CALLING ALL YOUNG ADULTS AND YOUTH
BE NOT AFRAID
HOLY WEEK MISSIONS: APRIL 10TH TO 16TH 2022



STATIONS OF
THE CROSS



ONLINE/AT-HOME
ACTIVITIES



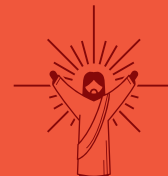
GROWING IN
VIRTUE



COMMUNITY
BUILDING



VIRTUAL TALKS
W/ SPEAKERS



ADORATION &
CONFESSION

REGISTER AT [SACREDHEARTCALGARY.CA/REGISTERHWM](https://sacredheartcalgary.ca/registerhwm)

STATIONS OF THE CROSS

Join us Fridays during Lent from
March 4th to April 15th
7 pm in the Church



Marriage Preparation Course

Our next marriage preparation course runs Thursday, May 26 to Saturday, May 28, 2022. Contact the parish office at 403-244-2741 (ext. 101) or secretaries@sacredheartcalgary.ca for more information and to register.

More information can be found at www.sacredheartcalgary.ca/sacraments/marriage/marriage-preparation/



How have you experienced
**WALKING
TOGETHER**
AS THE CHURCH?

SHARE YOUR THOUGHTS

Synod
2021
2023



#LISTENINGCHURCH

Our Holy Father Pope Francis has invited the Catholic Church to embark on a journey together. Through listening and discernment rooted in the Holy Spirit, the entire people of God will be called to contribute to a process by which the Church deepens in understanding of Her mission in the world today.

Through our listening and our sharing, we will seek to understand what the Holy Spirit's will is on the topic of journeying together as a Church.

Now in the diocesan phase of the synod, Sacred Heart Parish is hosting a series of listening sessions where we will come together to pray, hear the Word of God, and participate in a small-group discussion on the topic of journeying together as a Church.

We invite you to join one of these sessions:

- Tuesday, March 15: 7pm-9pm online via ZOOM
- Sunday, March 20: 10:15 am – 12:15 pm
- Saturday, March 26: 6:15 pm – 8:15 pm (Participants asked to pack a snack)
- Sunday, March 27: 8:45 am – 10:45 am
- Saturday, April 2 9-11 am
- April 7: 7-9pm online via ZOOM

Each session will be about two hours long and will be held in the basement hall (except for the online ZOOM sessions). Those unable to make it in-person and are familiar with ZOOM are encouraged to join one of the online listening sessions.

The fruit of these discussions will be synthesized and submitted to the Diocese, who will in turn do the same for all parishes and submit to the Canadian Conference of Catholic Bishops, in preparation for the Synod of Bishops in October 2023.

Thank you for your willingness to participate. We look forward to seeing you at one of these sessions!

FOR MORE INFORMATION & TO REGISTER, VISIT
WWW.SACREDHEARTCALGARY.CA/SYNOD



ROMAN CATHOLIC
DIOCESE
of Calgary

REFUGEE FAMILY

The Katawa's are a Catholic family who have been persecuted for their faith in Iraq. The family consists of Waad, wife Rana and their three young adult children, Milad, Maryam, and Noah. This family has suffered so much as refugees in Turkey and are so very anxious to move to Canada and begin their lives again. Their expected date of arrival to Canada is in just 2-4 months. Sacred Heart Parish is welcoming the Kathawa family to our community and will take responsibility to support them for one year upon their arrival. Would you be willing to form a small committee to welcome this family, and help them to transition into the Canadian Culture when they arrives? If 40 people donated \$25/ month for one year (\$300) our parish would cover the minimum total that the government requires to be in place. Thank you for your generosity!



To donate, use an envelope at the entrance of the Church for the Refugee Resettlement Project, or contact Teresa Carruthers at carruthers1959@gmail.com or 403-860-3139 or the parish office at busmgr@sacredheartcalgary.ca or 403-244-2741 ext. 104.

**To date, we have raised
\$38,000 with \$11,000 to go.**



A life-changing study – Genesis to Jesus takes participants on a 12-week journey through the entire Bible. Go deep into each period of salvation history and learn the major people, places, and events of the Bible and see how they all come together to reveal the remarkable story of our faith.

Two 12-week classes will be offered:

- Tuesday evenings (beginning Tuesday, March 8th 2022, 6 to 8 p.m.)
- Saturday mornings (beginning Saturday, March 12th 10 a.m. to noon)

Note: we will be skipping Holy Week for classes to encourage participation in Holy Week.

Two books accompany this program. They are not required but can be ordered on your behalf.

- Genesis to Jesus study guide - \$40
- A Father Who Keeps His Promises: God's Covenant Love in Scripture, by Scott Hahn - \$30

To sign up, email Claudelle at claudellekey@icloud.com or phone (403) 479-9748 with your preferred session time, if you would like to order a book, and your contact info.

COVID-19 UPDATE

COVID-19 restrictions in the province have been mandated. Again, this will significantly change how we celebrate mass. People are asked to exercise respect, charity, and kindness toward others and to recognize the varying comfort levels of people especially during these steps of transition.

- **The wearing of masks is no longer required by the Province but people are free, if they choose, to continue the use of facemasks.**
- People who have symptoms not related to pre-existing conditions should avoid going to the church or being in public as a courtesy to others.
- There are no capacity limits on places of worship. In order to respect people's personal space and comfort level, however, it would be a prudent practice to allow for some distance between people of different households.
- For Weddings, Funerals, and Baptisms, there is no capacity limit. Receptions may now resume in parish halls as well, however, food is recommended to be served and not openly offered.
- Offerings can continue to be placed in the boxes at the entrance and exit of the church or in the basket at the offertory.
- Congregational singing is allowed and the use of hymnbooks may resume.
- Communion is given under only one species – the consecrated host.
- Communion on the tongue continues to be offered, however, please be considerate of others and try to go last if you are receiving on the tongue.
- Surfaces will no longer be sanitized after each mass but please continue healthy practices of washing hands, and be considerate to cover coughs and sneezes with your arm.
- We are all encouraged to observe proper hand hygiene by sanitizing our hands at any of the sanitizer stations in the church or by washing our hands regularly with soap and water.
- We are encouraged to observe respiratory etiquette, such as coughing or sneezing into a bent elbow and the prompt disposal of any used tissues in trash cans.
- We will continue to offer our bollettino electronically for the summer. If you are not signed up for it, you can do so here: <https://SacredHeartCalgary.flocknote.com/WeeklyBulletinBo>
- The dispensation from the obligation to attend Sunday Mass continues at this time.

We take this opportunity to thank all of you for your cooperation in observing the health and safety restrictions for almost two years now. At this time, we pace our walk together toward the easing of these restrictions with a lot of care and concern for the good of everyone.

Find more information here: <https://www.catholiccyc.ca/blog/covid19>



Welcome one and all to the next CWL meeting on Sunday, March 13 @ 12 noon in the upper hall after the 11 am mass. A couple of items on the Agenda are getting ready for the Refugee family coming to sacred Heart in June and the Spring Bake Sale in April. Remember you do not have to be a member to attend. For further info, please contact Anna @ 587-892-2713.

Ministry Leaders

Pastoral Council: Tom Cotter
Finance Council: Mike Walsh
Pastoral Health Care: Tom Shannon
Extraordinary Ministers of Holy Communion: Patricia Tsang
Lectors: Kevin McCormack
Weekday Liturgy: Addie Dedio
Hospitality: Christine Suherman
Altar Servers: Karissa Factura
RCIA: Karen Howells/Kent Wang
Society of St. Vincent de Paul: Red Armstrong, Mike Walsh
Catholic Women's League: Anna Marinelli/Janet MacPhee
Knights of Columbus: Tim Cornish
Building Committee: Terry Allen
In-Residence: Rev. Daniel Wilson LC, Rev. Kenneth LeBlanc LC, Rev. Michael O'Connor LC, Brother Andrew Wing LC

Dear brothers and sisters, let us have a good journey together! May we be pilgrims in love with the Gospel and open to the surprises of the Holy Spirit. Let us not miss out on the grace-filled opportunities born of encounter, listening and discernment. In the joyful conviction that, even as we seek the Lord, he always comes with his love to meet us first

Pope Francis' Opening of the Synodal Path

FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

Together IN ACTION
Annual Bishop's Appeal

Formed.org, which some describe as the Catholic Netflix, is available for your use. The parish provides this service for you for free so you can stream Catholic content anytime, anywhere! Sign up by going to www.formed.org and entering our parish, Sacred Heart, Calgary, AB to get access!

2022 Target
\$ 42,268

We were so fortunately able to complete our goal last year. Please consider contributing to Together in Action as requested from the diocese. Thank you for your generosity!

Financial Update

Thank you for your generosity and support for our parish during these times. Please email busmgr@sacredheartcalgary.ca for any questions.

	Budget	As of Feb. 28, 2021
Regular Collection	\$85,500	\$77,666
Outreach	\$4,667	\$1,809
Building Fund	\$10,833	\$9,340



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